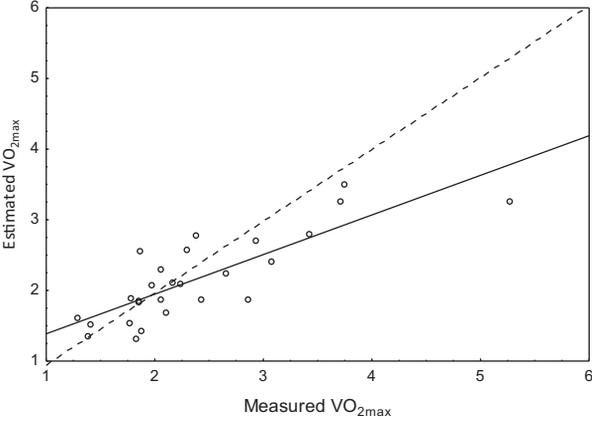
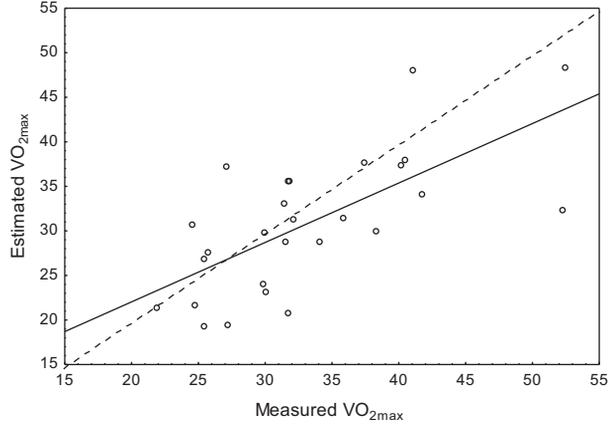
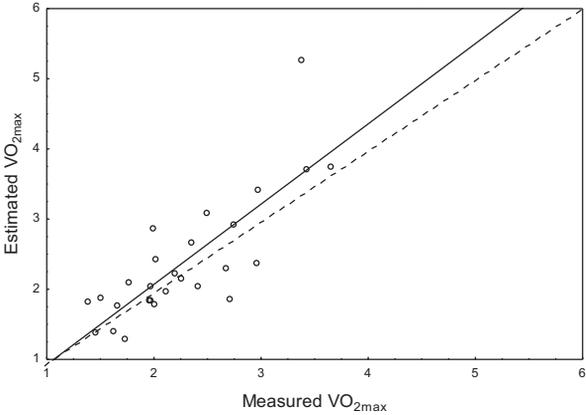
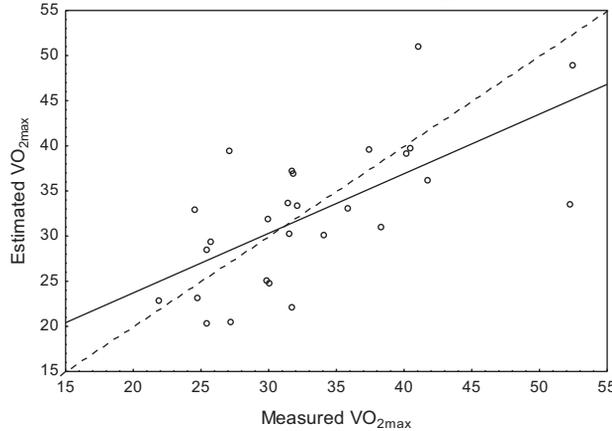
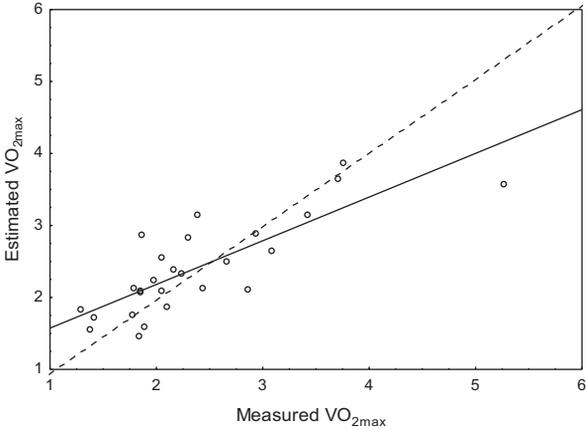


l/min**A: The Fox-Haskell formula (220-age)****ml·kg⁻¹·min⁻¹****B: The Fox-Haskell formula (220-age)****C: The Tanaka formula (208-0.7·age)****D: The Tanaka formula (208-0.7·age)****E: The Nes formula (211-0.64·age)****F: The Nes formula (211-0.64·age)**