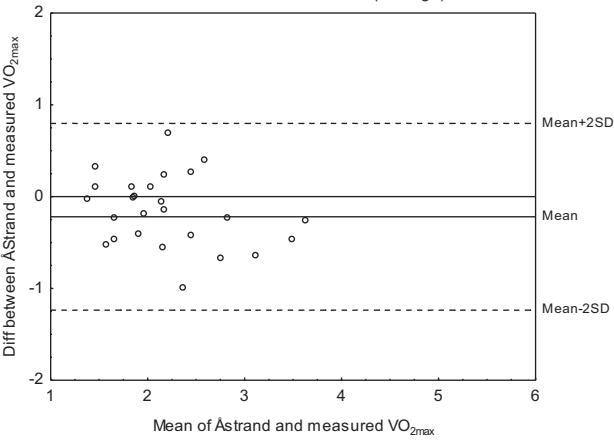


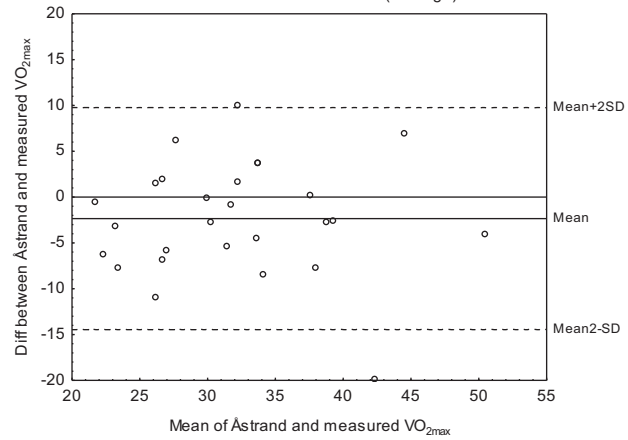
l/min

ml·kg<sup>-1</sup>·min<sup>-1</sup>

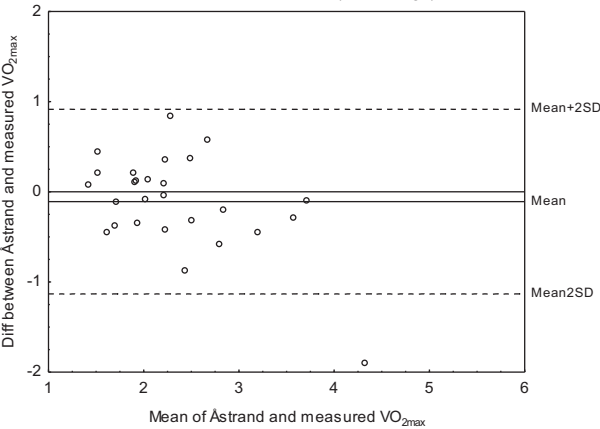
A: The Fox-Haskell formula (220-age)



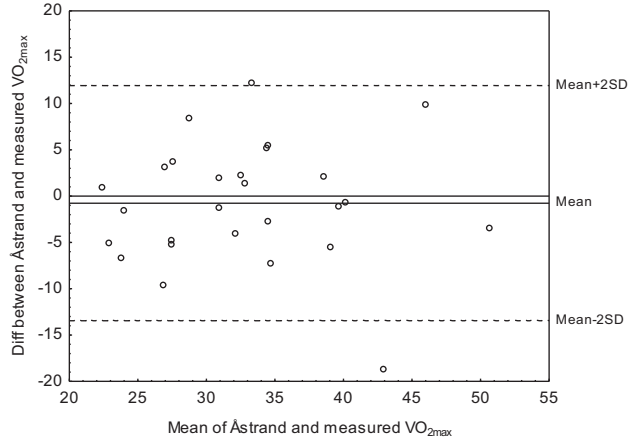
B: The Fox-Haskell formula (220-age)



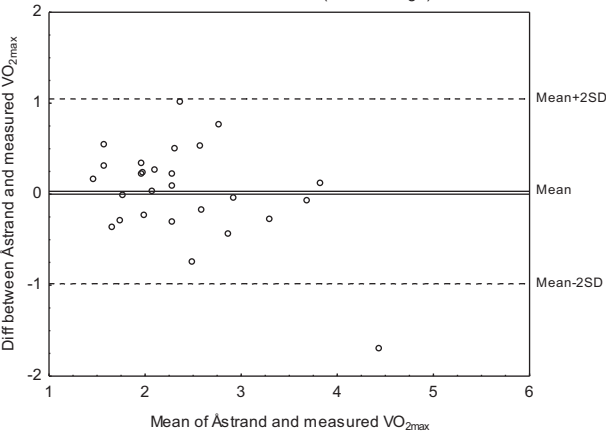
C: The Tanaka formula (208-0.7·age)



D: The Tanaka formula (208-0.7·age)



E: The Nes formula (211-0.64·age)



F: The Nes formula (211-0.64·age)

