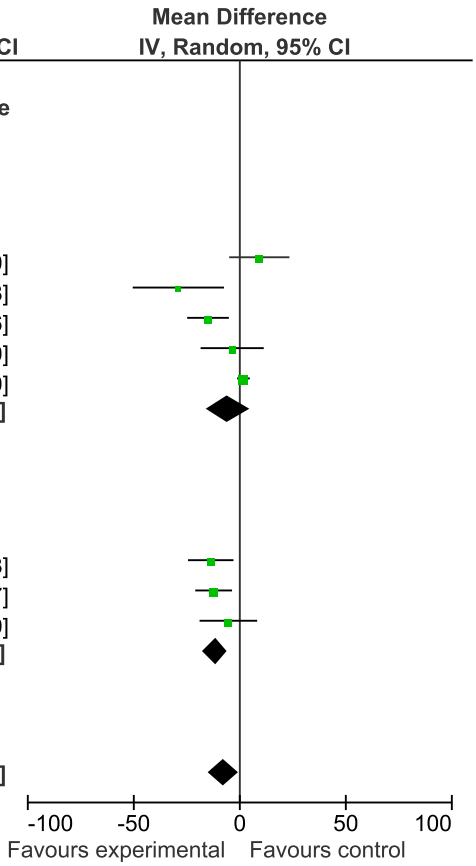Study or Subgroup	Experimental Mean	Experimental SD	Experimental Total	Control Mean	Control SD	Control Total	Weight	Mean Difference IV, Random, 95% CI
1.1.1 physical therapy vs wlc								
Subtotal (95% CI)			**0**			**0**		**Not estimable**
Heterogeneity: Not applicable								
Test for overall effect: Not applicable								
1.1.2 physical therapy vs sham LoE ++/+								
Basford 2000	34.3	28	23	25.1	21	24	11.0%	9.20 [-5.00, 23.40]
Nourbakhsh_2008	11	15	10	40	28	8	7.2%	-29.00 [-50.52, -7.48]
Rompe_2004	36	21	34	51	21	36	13.9%	-15.00 [-24.84, -5.16]
Speed_2002	47.9	31.4	38	51.5	32.4	33	10.6%	-3.60 [-18.50, 11.30]
Staples 2008	27.7	5.7	33	26	6.4	30	17.9%	1.70 [-1.30, 4.70]
Subtotal (95% CI)			**138**			**131**	**60.6%**	**-5.60 [-16.04, 4.84]**
Heterogeneity: Tau² = 99.67; Chi² = 18.97, df = 4 (P = 0.0008); I² = 79%								
Test for overall effect: Z = 1.05 (P = 0.29)								
1.1.3 physical therapy vs sham LoE -								
Pettrone 2005	37.6	28.7	56	51.3	29.7	58	13.3%	-13.70 [-24.42, -2.98]
Sterigioulas_2007	23.2	14.18	25	35.54	16.98	25	14.7%	-12.34 [-21.01, -3.67]
Uzunca_2007	38.8	19	20	44.2	24.5	20	11.4%	-5.40 [-18.99, 8.19]
Subtotal (95% CI)			**101**			**103**	**39.4%**	**-11.40 [-17.44, -5.36]**
Heterogeneity: Tau² = 0.00; Chi² = 0.97, df = 2 (P = 0.62); I² = 0%								
Test for overall effect: Z = 3.70 (P = 0.0002)								
Total (95% CI)			**239**			**234**	**100.0%**	**-7.50 [-14.94, -0.07]**
Heterogeneity: Tau² = 78.27; Chi² = 31.29, df = 7 (P < 0.0001); I² = 78%								
Test for overall effect: Z = 1.98 (P = 0.05)								
Test for subgroup differences: Chi² = 0.89, df = 1 (P = 0.35), I² = 0%