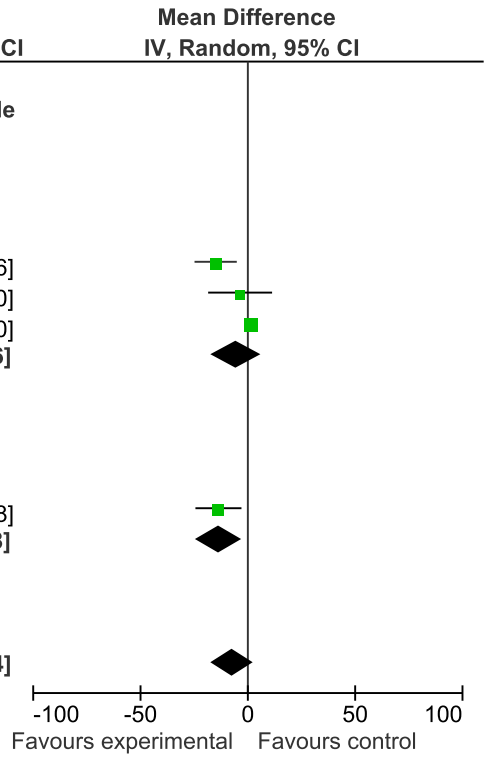Study or Subgroup	Experimental Mean	Experimental SD	Experimental Total	Control Mean	Control SD	Control Total	Weight	Mean Difference IV, Random, 95% CI
5.1.1 physical therapy vs wlc								
Subtotal (95% CI)			**0**			**0**		**Not estimable**
Heterogeneity: Not applicable								
Test for overall effect: Not applicable								
5.1.2 physical therapy vs sham LoE +								
Rompe_2004	36	21	34	51	21	36	25.0%	-15.00 [-24.84, -5.16]
Speed_2002	47.9	31.4	38	51.5	32.4	33	19.3%	-3.60 [-18.50, 11.30]
Staples 2008	27.7	5.7	33	26	6.4	30	31.7%	1.70 [-1.30, 4.70]
Subtotal (95% CI)			**105**			**99**	**76.0%**	**-5.13 [-16.71, 6.46]**
Heterogeneity: Tau² = 80.97; Chi² = 10.37, df = 2 (P = 0.006); I² = 81%								
Test for overall effect: Z = 0.87 (P = 0.39)								
5.1.3 physical therapy vs sham LoE -								
Pettrone 2005	37.6	28.7	56	51.3	29.7	58	24.0%	-13.70 [-24.42, -2.98]
Subtotal (95% CI)			**56**			**58**	**24.0%**	**-13.70 [-24.42, -2.98]**
Heterogeneity: Not applicable								
Test for overall effect: Z = 2.50 (P = 0.01)								
Total (95% CI)			**161**			**157**	**100.0%**	**-7.20 [-17.44, 3.04]**
Heterogeneity: Tau² = 83.90; Chi² = 16.35, df = 3 (P = 0.0010); I² = 82%								
Test for overall effect: Z = 1.38 (P = 0.17)								
Test for subgroup differences: Chi² = 1.13, df = 1 (P = 0.29), I² = 11.7%