

MAMMOTH Acceptability study Theoretical Framework

1.0 Presenting Issues and Pain Management

- 1.1 Nature of the pain experienced
 - 1.1.1 Musculoskeletal
 - 1.1.2 Other health conditions
- 1.2 Pain management strategies
 - 1.2.1 Chronic pain
 - 1.2.2 Discomfort
 - 1.2.3 Minimisation
- 1.3 Help received prior to MAMMOTH
 - 1.3.1 Medical interventions
 - 1.3.2 Physical interventions
 - 1.3.3 Psychological interventions

2.0 Expectations & Reflections

- 2.1 Trial perceptions and motivation to participate
 - 2.1.1 An alternative approach
 - 2.1.2 Altruism
 - 2.1.3 Pain relief
- 2.2 Initial expectations of intervention by phone
 - 2.2.1 Low expectations
 - 2.2.2 Open-minded
 - 2.2.3 High expectations
- 2.3 Post intervention reflections
 - 2.3.1 On treatment modality (phone)
 - 2.3.2 On the therapists
 - 2.3.3 On the manual

3.0 Intervention Impact & Acceptability

- 3.1 Perceived impact: Post intervention changes
 - 3.1.1 Positive change recorded
 - 3.1.2 Impact on daily life
 - 3.1.3 No change recorded
- 3.2 Acceptability: What works
 - 3.2.1 Key elements of intervention success
 - 3.2.2 Acceptability: recommendation to others
 - 3.2.3 Sustaining changes over time