

Supplementary table

Reliability of the self-rated fall risk questionnaire

self-rated FRQ	retest-self-rated FRQ		Test-retest reliability (Kappa statistics)	p value
	yes	no		
I have fallen in the past year. - yes - no	8 (100.0) 0 (0.0)	0 (0.0) 22 (100.0)	1.000	< 0.001
I use or have been advised to use a cane or walker to get around safely. - yes - no	15 (100.0) 0 (0.0)	0 (0.0) 15 (100.0)	1.000	< 0.001
Sometimes I feel unsteady when I am walking. - yes - no	17 (100.0) 0 (0.0)	0 (0.0) 13 (100.0)	1.000	< 0.001
I steady myself by holding onto furniture when walking at home. - yes - no	12 (100.0) 0 (0.0)	1 (5.6) 17 (94.4)	0.932	< 0.001
I am worried about falling. - yes - no	16 (100.0) 0 (0.0)	0 (0.0) 14 (100.0)	1.000	< 0.001
I need to push with my hands to stand up from a chair. - yes - no	16 (100.0) 0 (0.0)	0 (0.0) 14 (100.0)	1.000	< 0.001
I have some trouble stepping up onto a curb. - yes - no	16 (100.0) 0 (0.0)	0 (0.0) 14 (100.0)	1.000	< 0.001
I often have to rush to the toilet. - yes - no	14 (100.0) 0 (0.0)	3 (18.8) 13 (81.3)	0.802	< 0.001
I have lost some feeling in my feet. - yes - no	7 (100.0) 0 (0.0)	1 (4.3) 22 (95.7)	0.911	< 0.001
I take medicine that sometimes makes me feel light-headed or more tired than usual. - yes - no	2 (100.0) 0 (0.0)	1 (3.6) 27 (96.4)	0.783	< 0.001
I take medicine to help me sleep or improve my mood. - yes	7 (100.0)	2 (8.7)	0.831	< 0.001

self-rated FRQ	retest-self-rated FRQ		Test-retest reliability (Kappa statistics)	<i>p</i> value
	yes	no		
- no	0 (0.0)	21 (91.3)		
I often feel sad or depressed.				
- yes	5 (100.0)	0 (0.0)	1.000	< 0.001
- no	0 (0.0)	25 (100.0)		
Total score				
- yes	19 (100.0)	0 (0.0)	1.000	< 0.001
- no	0 (0.0)	11 (100.0)		

Abbreviations: *p* value = Kappa statistics

p value < 0.05 indicates statistical significance

self-rated FRQ self-rated Fall Risk Questionnaire

