Time line	HealthySkin Clinic	Control Group	A	Medical consultation(s)
Baseline	(A) (B)		В	HECSI-scoring performed by a member of the intervention team
(time 0)			С	Questionnaire to gather information of outcome variables
			D	Clinical photo of hand eczema
Randomisation		I	E	Basic skin protection counselling
Time 0	CDEF	CG	F	Self management book (physical or virtual) handed to patient
Non-fixed time events	H	HI	G	DVD 'Hand eczema – prevention and treatment of hand eczema' of 14 minutes duration given to patient
	A	A	H	Allergen patch testing
	JK		1	Written information sheets handed to patient when attending medical consultation(s)
			J	SKIN-profile generated from baseline questionnaire
			K	Nurse-led consultation with individualised counselling based upon SKIN-profile
6 months	В	С	L	Support offered as telephone hotline, asyncronous website consultation, and patient dialogue forum