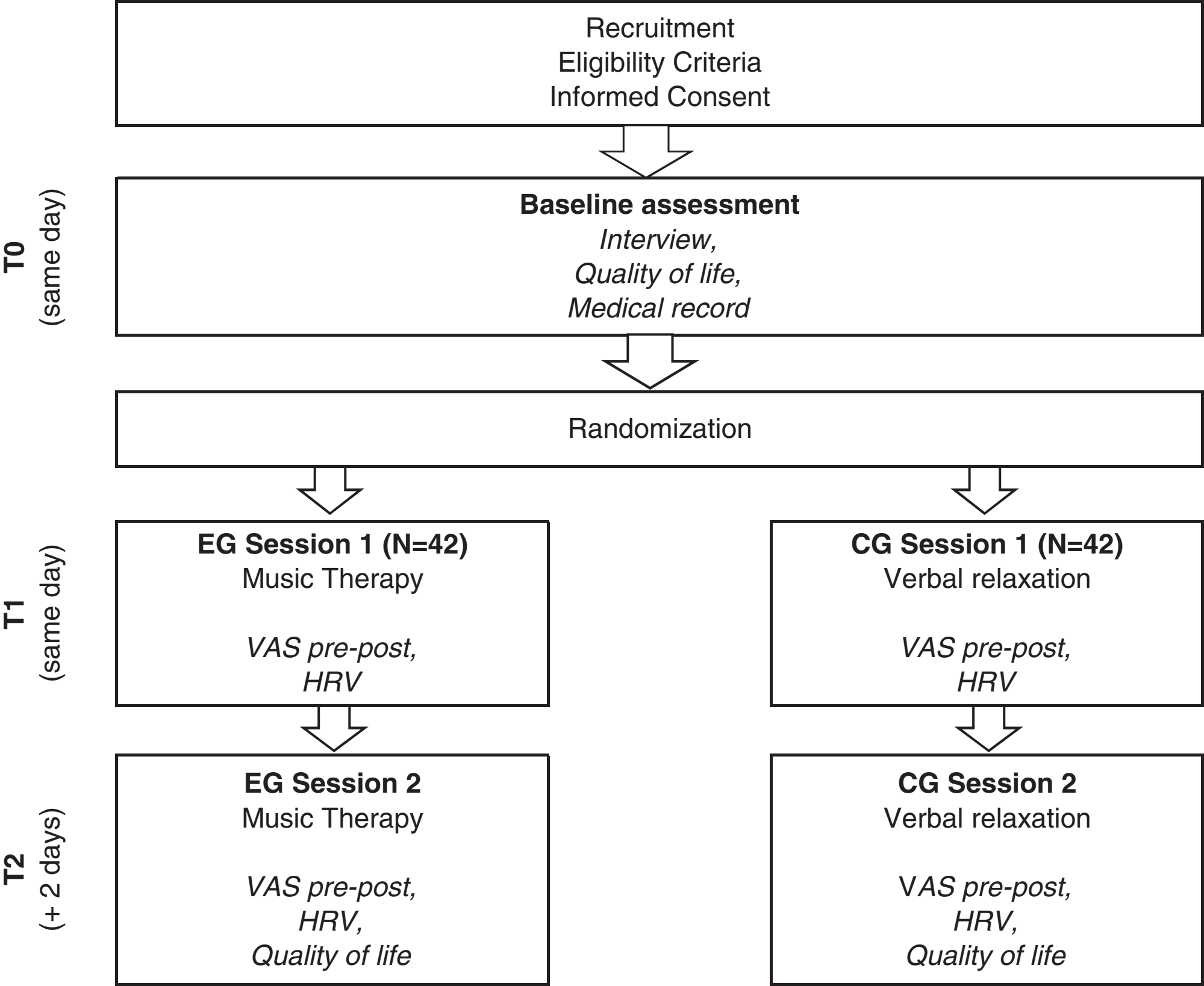
Recruitment
Eligibility Criteria
Informed Consent
T0
(same day)
Baseline assessment
Interview,
Quality of life,
Medical record
Randomization
T1
(same day)
EG Session 1 (N=42)
Music Therapy
VAS pre-post,
HRV
CG Session 1 (N=42)
Verbal relaxation
VAS pre-post,
HRV
T2
(+ 2 days)
EG Session 2
Music Therapy
VAS pre-post,
HRV,
Quality of life
CG Session 2
Verbal relaxation
VAS pre-post,
HRV,
Quality of life