## 1. Agree who takes initiative for the (listening consultation) services

- · Appoint a 'champion' who knows and understands both fields of healthcare and spiritual care
- Select a 'champion' who is willing to invest time in the initial phase of the project
- · Discuss an appropriate title for the initiative with all involved stakeholders

#### 2. Find an motivated, enthusiastic group of healthcare professionals (e.g. PaTz-group or multidisciplinary group)

- Select a group or chairmen who is motivated for integrating spiritual care into palliative care
- · Seek for a group with frequent meetings

# 3. Ensure a good match between the spiritual caregiver and the group

· Determine (e.g. with the chairmen) which "color" or denomination spiritual caregiver is needed

#### 4. Prepare the start well

- · Make customized brochures and hand them out to each group member
- · Agree on a clear route of referral of healthcare professionals to the spiritual caregiver
- Agree on a financial route of reimbursements: who pays the spiritual caregiver?
  - Think of: rate for consultations, rate for training, rate for participation in group meetings
  - · Travel time compensation / travel costs reimbursement
  - · Reimbursement for time spend to calling patients for scheduling a consultation

Agree on a start date for the consultations, group meeting and training

- Define the target group (of listening consultation services)
- · Think of: seriously ill patients with chronic disorders, patients' relatives, patients with a wish for euthanasia
- · Agree on form of consultations: walk-in hour or home visits and on route of referral: by patients or by professionals?
- · Agree on (not) sharing personal data
- Agree on which terms you use and use them unambiguously, e.g. "spiritual caregiver", "chaplaincy"

# 5. Invest in collaboration and get to know each other

- · Arrange an appointment between the chairman / group and spiritual caregiver
- · Make an inventory of whether the spiritual caregiver is available on data of group meetings
- · Provide each group member with contact details of the spiritual caregiver (business card / brochure)
- · Do an inventory of involved healthcare professionals' vision on spiritual care
- · Define role of spiritual caregiver and manage expectations: consultations, group attendance, intervision?
- · Inform group members on spiritual care
- · Ask for specific needs for training

# 6. Invest in a good start and further collaboration

- · Make clear for all involved professionals when consultations can be used
- · Use flyers to communicate
- Ensure findability of spiritual caregivers: can he / she be found by everyone?
- · Use posters and flyers to communicate about the services
- · Print and distribute flyers regularly
- Let group members actively offer listening consultation services (by a coordinator)
- · Send a newsletter regularly or put a news message on a website (by a coordinator)

## 7. Continue to invest: training and customization

- · Offer training and adjust duration of training to the needs of group members
- · Repeat training if desired
- · Plan group meetings in close collaboration with the spiritual caregiver as a group member
- · Send the agenda of the group meeting to the spiritual caregiver beforehand
- · Make sure the spiritual caregiver attends meetings regularly

#### 8. Provide feedback on a regular basis

- · Agree whether the referrer(s) wants feedback and how you eventually arrange giving feedback (e.g. phone, e-mail)
- Agree that spiritual caregivers ask the patients' permission for providing feedback to referrer

## 9. Sustainability and finance

- · Embed the listening consultation services in a local network, e.g. Palliative Care Network
- · Discuss whether there is a maximum number of consultations
- · Match how consultations / services are paid, e.g. on a claim basis
- · Coordinate how a spiritual caregivers keep being involved (e.g. by the Center for Meaning Questions)