

Justified as part of male prestige

- Men having different blood
- Influenced by the power of money

Viewed as discreditable and unfair

- A shame to admit
- A threat to human dignity

Results in emotional entrapment

- Self-blame
- Shifting tolerance

Fed up with passivity

- A wish for change
- Gender norms in transition

**MOVING FROM FRUSTRATION TO
QUESTIONING TRADITIONAL GENDER NORMS**

"..the solution to IPV problems should come from above.. I mean initiated by the cabinet members.. We may fail to solve matters individually....."

*"People fight at night with doors closed. Who will open for you.....
..we need strong laws that are strictly followed"*

"IPV should stop; you know the women we beat are other peoples sisters and mothers"

"After 3 years of suffering I decided to end the silence and shared the dangers ...with my brother who assisted for divorce. It was not possible alone"