

Box 2: Themes and categories

Themes

Categories

**Ambivalence in prioritizing
own health**

- *Children and family come first*
- *Family and social support towards seeking breast health care*

Feeling fear of breast cancer

- *An incurable disease associated with suffering and death*
- *Fear of the risk of diminished femininity and husband's rejection*
- *Fear of social stigmatization*
- *Apprehensions about breast health examinations*

**Feeling safe from breast
cancer**

- *Perceiving themselves as not being in the risk zone for breast cancer*
- *Accepting breast cancer as a test from God*
- *Comfort in acquiring breast health knowledge and skills*