

Table 3 Sources of help following IPV and reasons for seeking help by victims of intimate partner violence

Item	n (%)
Sources of help	
Health care provider	81 (14.2)
Religious leader	72 (12.5)
Family member	50 (8.7)
Police	21 (3.7)
None	349 (60.9)
Reasons for seeking help	
Encouraged by friends and family	54 (9.4)
Could not endure violence anymore	51 (8.9)
Relationship terminated	10 (1.8)
Injuries sustained	5 (0.9)
No response	453 (79)