Research study: Oral contraceptive and breast cancer: do benefits outweigh the risks? a Case – control study from Jordan

Dear Ladies,

We thank you for your trust and visit the King Hussein Cancer Center wishing you a speedy recovery. Please be advised that we are conducting a survey on women who have been diagnosed with breast cancer at the KHCC to investigate a link between breast cancer and the use of birth control pills. The main researcher of this study is Dr. Sanaa Bardaweel, School of Pharmacy, University of Jordan.

Any information collected through surveys will be used in reports only on an aggregate basis. That is, it will not be possible for anyone to identify a particular individual with any set of responses. We strive to ensure that data is kept secure, and that we collect only as much personal data as is required for the survey. We assure you that your responses will be kept confidential. The non-participation in this research will not affect the service provided in the center.

Your participation is expected to last up to ten minutes, and your participation will not result in any inconvenience or adverse effects.

This form has been reviewed and approved by the Institutional Committee at King Hussein Cancer Center. The Institutional Committee is a committee authorized by the Food and Drug Administration to review, monitor medical research and clinical studies to maintain the safety of participants within the framework of the study and ensure the preservation of their rights.

If you have any general questions or questions concerning the rights of the participant, you should contact the Institutional Committee at telephone number 5300460 ext. 1669.

In the case of any inquiry about the study or specific questions related to this study and in case of any complications related to the study please contact: Dr. Sanaa Bardaweel at telephone number 0795042395

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Code:	Dates

Personal information						
1	Age					
☐ 18 -	-25 years	35 years □	36-40 years	☐ 41-45 years	☐ more than 46 years	
2	Educational level					
□Un	educated \square Primary \square S	econdary		a □ Graduato	e Postgraduate studies	
3	Nationality					
	☐ Jordaniar	1		☐ Non-Jordani	ian, please mention	
4	Place of residence / residence	له: مادرات	□ O±b			
	nman 🗆 Alzarqa	□ Irbid		please mention	□ Datina d	
5	Work status	□Iwork		sewite	☐ Retired	
6	If you are a worker, please specif	y the nature	of the work			
7	Monthly income of the family			_		
		rom 500-1000		☐ more t	than 1000 dinars	
8	Number of family members bene	_	come			
	□ 1-2	□ 3-5		□ 6-10	☐ More than 10	
9	Social status	□ N 4 =	اد	□ D :	l DWCdanad	
10	☐ Single If you are a married person, plea	☐ Marrie		☐ Divorced	d Uidowed	
			duration of	_		
	· · · · · · · · · · · · · · · · · · ·	rs - 2 years		□ 3-5 years	☐ more than 5 years	
11	Have you ever had children?	☐ Yes, sk	tip to Questic	on 12	☐ No, skip to Question 16	
12	Age at first child					
13	Number of children					
14	Have you breastfed your children	n? □ Yes			□ No	
15	Average duration of breastfeeding	ng in months				
□ Les	ss than 6 months \Box 6-12 month	s 🗆 12-18	months [18-24 months	☐ More than 24 months	
16	Has there been a pregnancy before	ore □ Yes, sk	ip to Questic	on 17	\square No, skip to Question 19	
17	Was there a previous miscarriage	e? □ Yes			\square No	
18	If yes, please specify the number	of times				
19	19 Age at first menstrual cycle; Age at puberty					
20	Age when the cycle is interrupted	d y	ear/s	☐ It wasn't inte	rrupted	
21	Is your period regular?			□ Yes	□ No	
Patie	ent history					

22	Have you ever had any type of cancer?			□ Yes	□ No	
23	If yes, please specify the type of cancer					
24	Have your first-degree relatives (father, mother, brothers, sisters, children) or second-degree (uncles, aunts, etc.) experienced any of the following cancers: colon, prostate, uterus, ovaries?					
	□ Yes				□ No	
	Degree of kinship:			Type of cancer:		
25				26		
27				28		
29				30		
31	31 Do you suffer from any of the following chronic diseases?					
	☐ Hypertension ☐ Diabetes ☐ Osteoporosis			☐ Obesity	☐ Hematology	
	☐ Other, please specify					
32	Smoking "cigarettes only" does not include	hookah	s, are you	l		
□ Pr	reviously smoked Currently smo	ker			I have never smoked	
33	If you are a smoker or have you smoked be	fore, wh	nat is the i	number of smo	oked cigarettes per day?	
☐ Less than 1 pack / day ☐ 2 packs per day ☐ More than 2 pack			More than 2 packs per day			
Hormonal Therapy; have you ever taken any of the following hormones for therapeutic reasons?						
The	hormone			When	Duration	
34	Hormones regulate the cycle	□ Yes	□No			
35	Hormones after cycle interruption	□ Yes	□No			
36	Treatment of hormonal therapy, Thyroxine	□ Yes	□No			
37	Hormone therapy, Tamoxifen	□ Yes	□No			
Pregnancy regulation						
38	8 Have oral contraceptives been used?					
	$\ \square$ Yes, please go to Question 39 and follow the questionnaire					
	☐ No, please go to Question 47 and add any observations related to the subject matter if any, and return the questionnaire to the researcher.					
39	What are the reasons for using oral contraceptive pills?					

□to	spacing pregnancy	☐ to prevent the mer	strual cycle	☐ Other, mention them	
40	40 What is the longest period of continuous use of oral contraceptive pills?				
41	If you have used the pills	sporadically, please spe	cify how long h	ave you used them.	
□ Le:	ss than six months \Box Six n	nonths - One year 🛘 🗆 On	e and a half yea	ars	
42	Who prescribe you these	pills?			
□ Do	octor	☐ Midwife / Nurse		pharmaceutical / pharmaceutical	
□ He	ealth education (home visits	5)	☐ Other Please	specify	
43 If your doctor did not prescribe the contraceptive pills, have you consult your doctor before using the contraceptive pills?					
	□ Yes			No	
44	Before prescribing pills, have you been asked about breast cancer incidence among your relatives?				
	☐ Yes, skip to Questi	on 45		No, skip to Question 46	
45	If you have relatives with breast cancer, or there is a family history, and your service provider was informed, have you been prescribed the pills?				
	☐ Yes, prescribed	l it		No, did not prescribe it	
46	Which type of pill did you	use? you can choose m	ore than one a	nswer	
□ Dia	ane 35	□ Gra	acial		
☐ Progyluton		□ Ce	razette		
□Ма	arvelon	□ Zal	nra		
□ Cli	men	□ Yas	smin		
□ Yaz		□ Pri	molut Nor		
47	Notes you'd like to share	with the research team.			

Thank you for your cooperation

We sincerely wish you good health