

Table 1. Demographic Characteristics of Study Participants

Subject #	Race	Age (years)	BMI (kg/m²)	Fat (%)
1	AA	41	29.9	29.5
2	AA	43	22.4	12.2
3	AA	41	22.3	12.6
4	AA	53	26.6	23.0
5	W	26	29.0	25.2
6	AA	49	29.9	32.1
7	AA	43	24.7	22.3
8	AA	44	21.9	21.1
9	AA	36	29.1	29.9
10	AA	37	24.0	24.7
11	AA	52	23.4	15.8
12	AA	42	29.3	19.7
13	AA	46	26.7	26.7
14	W	49	26.5	26.1

AA- African-American; W-White