

Context

Reasons for Seeking
'Treatment'

Expressed Hopes from
Having the 'Treatment'

Finding Ways to
Remain Healthy

Openness to Change

Readiness to Change

Previously Experienced
Treatment Benefits

Treatment Environment

Mechanism

Nature and Style of
Treatment Sessions

Relationship Building

Working Together

Experienced Symptom
Changes / Benefits
from the 'Treatment'

Outcome

Reasons for Seeking
'Treatment'

Critical Health Literacy

Sense of Control