

25 of records identified through
database searching

- 7 Medline
- 3 Cochrane
- 9 Embase
- 0 Cambase
- 6 PsychInfo

15 of records after
duplicates removed

3 of full-text articles
assessed for eligibility

3 of studies included in
qualitative synthesis

12 of records excluded

- 3 no MBSR
- 2 no low back pain
- 7 no RCT