

Table 6 Physician-recognized efficacy of Kampo medicine

The name of Kampo medicine	Symptoms	All (n=200)		effective					effective				
		effective		palliative care team (n=149)		PCU(n=46)		p-value	Specialists(n=75)		non-specialists(n=125)		p-value
		frequency	%	frequency	%	frequency	%		frequency	%	frequency	%	
Hangeshashinto	Diarrhea caused by chemotherapy	31	53.4	28	18.8	3	6.5	1.000	10	13.3	21	16.8	0.420
	Nausea	10	22.2	10	6.7	0	0.0	0.561	3	4.0	7	5.6	0.296
Hochuekkito	Anorexia	44	48.9	38	25.5	6	13.0	0.231	14	18.7	30	24.0	0.137
	Fatigue	54	56.3	47	31.5	7	15.2	0.215	19	25.3	35	28.0	0.295
Rikkunshito	Nausea	36	43.9	32	21.5	4	8.7	0.536	9	12.0	27	21.6	0.012
	Anorexia	46	50.0	40	26.8	6	13.0	0.773	18	24.0	28	22.4	0.528
Juzentaihoto	Fatigue	50	56.8	46	30.9	4	8.7	0.116	17	22.7	33	26.4	0.508
	AE caused by chemotherapy or radiotherapy	27	46.6	23	15.4	4	8.7	0.737	7	9.3	20	16.0	0.106
Yokukansan	Delirium	38	63.3	27	18.1	11	23.9	0.764	18	24.0	20	16.0	0.433
	Anxiety	15	30.0	12	8.1	3	6.5	0.507	6	8.0	9	7.2	0.758
Shakuyakukanzoto	Leg cramps	79	82.3	65	43.6	14	30.4	0.184	36	48.0	43	34.4	0.794
	Abdominal pain	20	35.1	17	11.4	3	6.5	0.730	11	14.7	9	7.2	0.268
Daikenchuto	Ileus	101	78.9	81	54.4	19	41.3	0.358	35	46.7	66	52.8	0.263
	Opioid-caused constipation and abdominal pain	62	53.9	50	33.6	12	26.1	0.724	22	29.3	40	32.0	0.254
Goshajinkigan	Numbness of hands and feet	47	43.9	41	27.5	6	13.0	1.000	18	24.0	29	23.2	0.840
	Nocturia	13	21.7	13	8.7	0	0.0	0.197	4	5.3	9	7.2	0.358

\*Multiple answers allowed