

Breast cancer  
sample

92 patients



20 had not used any  
kind of CAM during  
the previous 12 months

72 CAM users

1. Visited health care providers (of CAM)	2. Complementary treatments received from physicians	3. Use of herbal medicine and dietary supplements	4. Self-help practice
24 (26% of 92 respondents) visited one or more providers, 66 (72%, incl. N=20 non-CAM users) did not go to a CAM health care provider.	26 (28%) received one or more CAM therapies, 63 (68%) had not received any CAM therapy.	55 (60%) used one or more products, 31 (34%) had not used any CAM products.	51 (55%) used one of the self-help practices, 38 (41%) had not used any self-help practice.

Internet  
sample

210 respondents



31 had not used any  
kind of CAM during  
the previous 12 months

71 frequent users (FU)/123 infrequent users (IFU)/16 did not know

1. Visited health care providers (of CAM)	2. Complementary treatments received from physicians	3. Use of herbal medicine and dietary supplements	4. Self-help practice
<b>FU (N=71)</b> 52 (73%) visited one or more providers, 19 (27%) did not go to a CAM health care provider.	<b>FU</b> 48 (68%) received one or more CAM therapies, 23 (32%) had not received any CAM therapy.	<b>FU</b> 62 (87%) used one or more products, 8 (11%) had not used any CAM products.	<b>FU</b> 40 (56%) used one of the self-help practices, 31 (44%) had not used any self-help practice.
<b>IFU (N=123)</b> 34 (28%) visited one or more providers, 89 (72%) did not go to a CAM health care provider.	<b>IFU</b> 53 (43%) received one or more CAM therapies, 70 (57%) had not received any CAM therapy.	<b>IFU</b> 79 (64%) used one or more products, 44 (36%) had not used any CAM products.	<b>IFU</b> 59 (48%) used one of the self-help practices, 64 (52%) had not used any self-help practice.