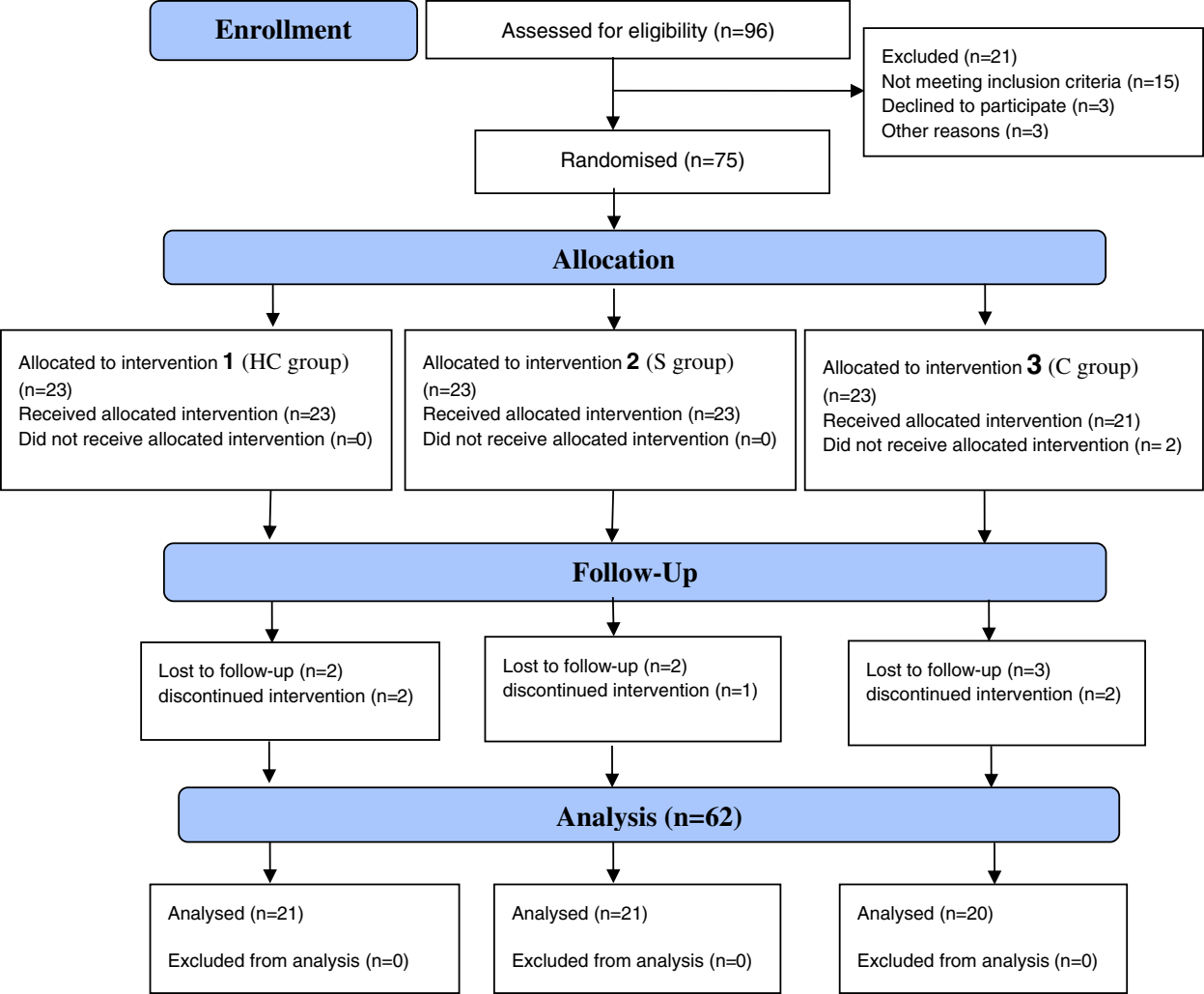
Enrollment
Assessed for eligibility (n=96)
Excluded (n=21)
Not meeting inclusion criteria (n=15)
Declined to participate (n=3)
Other reasons (n=3)
Randomised (n=75)
Allocation
Allocated to intervention 1 (HC group)
(n=23)
Received allocated intervention (n=23)
Did not receive allocated intervention (n=0)
Allocated to intervention 2 (S group)
(n=23)
Received allocated intervention (n=23)
Did not receive allocated intervention (n=0)
Allocated to intervention 3 (C group)
(n=23)
Received allocated intervention (n=21)
Did not receive allocated intervention (n= 2)
Follow-Up
Lost to follow-up (n=2)
discontinued intervention (n=2)
Lost to follow-up (n=2)
discontinued intervention (n=1)
Lost to follow-up (n=3)
discontinued intervention (n=2)
Analysis (n=62)
Analysed (n=21)
Excluded from analysis (n=0)
Analysed (n=21)
Excluded from analysis (n=0)
Analysed (n=20)
Excluded from analysis (n=0)