Exercise	Psychotherapy	Manual therapies	Mindfulness	Multimodal
vs. Low use	vs. Low use	vs. Low use	vs. Low use	vs. Low use
Female, RD (95% CI)*				
0.08 (-0.03 to 0.18)	0.04 (-0.04 to 0.13)	0.16 (0.05 to 0.26)	0.03 (-0.05 to 0.11)	0.25 (0.16 to 0.35)
4-year degree, RD (95% CI)				
0.14 (0.08 to 0.19)	0.01 (-0.03 to 0.05)	0.09 (0.04 to 0.14)	0.09 (0.05 to 0.13)	0.07 (0.04 to 0.11)
Injured during deployment,	RD (95% CI)			
0.02 (-0.04 to 0.09)	0.05 (0.01 to 0.09)	0.04 (-0.02 to 0.09)	-0.02 (-0.06 to 0.03)	0.06 (0.02 to 0.10)
Chronic Pain, RD (95% CI)				
0.03 (-0.03 to 0.09)	0.01 (-0.04 to 0.05)	0.15 (0.10 to 0.21)	-0.02 (-0.07 to 0.02)	0.06 (0.03 to 0.10)
Self-rated health Excellent/V	ery Good, RD (95% CI)			
0.12 (0.06 to 0.18)	-0.03 (-0.07 to 0.02)	0.04 (-0.01 to 0.10)	0.05 (0.00 to 0.09)	0.01 (-0.03 to 0.05)
Mild or greater anxiety, RD ((95% CI)			
0.03 (-0.06 to 0.12)	0.11 (0.05 to 0.17)	0.03 (-0.05 to 0.10)	0.07 (-0.01 to 0.15)	0.07 (0.01 to 0.13)
Depression, RD (95% CI)				
-0.05 (-0.14 to 0.03)	-0.01 (-0.05 to 0.04)	0.05 (-0.03 to 0.12)	-0.01 (-0.07 to 0.05)	-0.03 (-0.07 to 0.01)
PTSD, RD (95% CI)				
-0.03 (-0.13 to 0.06)	0.07 (0.01 to 0.13)	-0.03 (-0.10 to 0.05)	-0.02 (-0.08 to 0.05)	0.01 (-0.05 to 0.06)
Problem alcohol use, RD (959	% CI)			
0.03 (-0.03 to 0.10)	-0.01 (-0.04 to 0.03)	-0.08 (-0.13 to -0.03)	-0.02 (-0.07 to 0.03)	0.02 (-0.02 to 0.06)
Any illicit drug use, RD (95%	CI)			
0.00 (-0.09 to 0.09)	0.03 (-0.03 to 0.09)	0.13 (0.04 to 0.22)	0.13 (0.04 to 0.22)	-0.03 (-0.08 to 0.01)
Absorption, † RD (95% CI)				
0.08 (0.04 to 0.12)	0.03 (0.00 to 0.05)	0.02 (-0.01 to 0.06)	0.08 (0.05 to 0.11)	0.06 (0.04 to 0.08)

^{*} Interpreted as the difference in risk (probability) of membership in this latent class between levels of the covariate where a negative value means lower probability of membership in this class compared to probability at the reference level of the covariate; other covariates are standardized to their distribution among all responder

[†] Continuous, a one-unit change represents a 2-point change on the absorption scale, equivalently a 7-point change on the T-score scale