

## What You Need Now

### Eat Healthy

Choose the right foods for your body.

### You Have High Cholesterol

Get the follow-up care you need for your cholesterol.

## Your Key Dates

### Preventive Service

Stool test for cancer  
Sigmoidoscopy  
Colonoscopy  
PSA test  
Aneurysm ultrasound  
Pneumonia shot  
Flu shot  
Tetanus shot

### Date Measured

No date  
No date  
No date  
No date  
No date  
No date  
10/5/2010  
11/29/2010

## Cancer Screening

## Heart Care

Screening	Status	Next Steps
Cholesterol		Get your cholesterol checked now
Aspirin		Decide if you should take aspirin
Blood pressure		Get your blood pressure checked before 3/15/2012

## Health Behaviors

## Vaccines

## Other Services

## Your Key Values

Preventive Measure	Date Measured	Your Value	Your Goal	How You're Doing
Body mass index	3/15/2010	27	< 25	
Blood pressure	3/15/2010	118/78	< 140/90	
LDL (bad) cholesterol	3/15/2010	112	< 160	
HDL (good) cholesterol	3/15/2010	51	>= 40	
Blood sugar	3/15/2010	91	< 126	
Hemoglobin A1c	No date	No value	<= 7.0	
Prostate-Specific Antigen	No date	No value	< 4.0	

### Update Your Health Information

View and update your health information to make sure *MyPreventiveCare's* recommendations are right for you. *MyPreventiveCare* is missing some of your information:

None

### Follow Your Conditions

Your *MyPreventiveCare* record shows you have:

High cholesterol

### Follow Your Abnormal Results

Your *MyPreventiveCare* record shows you have had abnormal results on these tests:

None