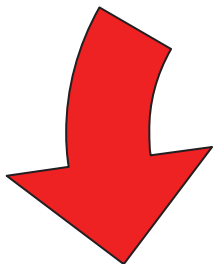
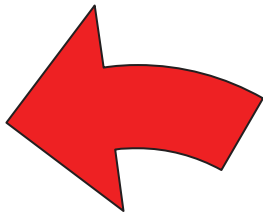
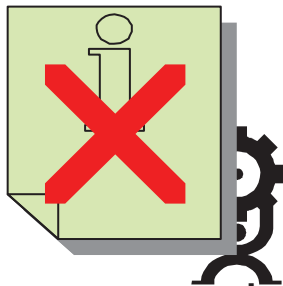


Experience and feelings: insecurity, anxiety, helplessness, frustration, distress, uncertainty, lonely

Lacking support and information



Affects the process of coping: unprepared, difficult to cope, constantly wondering, suffers in silence and anxiety



Inability to be active

