

Metro South Health Service District

Indigenous Health Check: Age 5-14

Community Health

UR Number	
Surname	
Other Names	
DOB	
Sex	

An $\,^*$ indicates a mandatory field.

A. PATIENT DETAILS			
Age: *			
Is there consent by parent/carer to perform health check? *	◯Yes ◯No		
Consent for health assessment to be used in research *	◯Yes ◯No		
Had a previous 715 (5- 14) at this practice?	○Yes ○No ●Missing	Is there any new medical and family history?	○Yes ○No ● Missing
		Mother's Age:	Mother's URN:
Mother's Name:			○ Not in ERIC
		Father's Age:	Father's URN:
Father's Name:			○ Not in ERIC
OR			
Carer's Name (and relationship to child):			
Sibling Name	Siblir	ng Age:	
	Add Siblings		
Single Parent:	○Yes ○No Missing		
Mother Employed:	○Yes ○No ○Unsure Missing		
Father Employed:	○Yes ○No ○Unsure Missing		
Other people involved in the child's care:			
Indigenous Status			
Child: *	○ Aboriginal ○ Torres Strait ○ Bo	th Missing 	
Mother: *	○ Aboriginal ○ Torres Strait ○ Bo	th ONon-Indigenous	Missing

Father: *	○ Aboriginal ○ Torres Strait ○ Both ○ Non-Indigenous Missing
	B. PREVIOUS HEALTH CHECKS
Has the patient had a previous Medicare item 715 (5-14) Health Check?	¹ ○Yes ○No ○Unsure
Has the patient had a paediatric review in the last 12 months	e OYes ONO OUnsure Missing
	C. IMMUNISATION STATUS
Is the patient's immunisation status up to date?	○Yes ○No ○Unsure Missing
Comments:	
	D. MEDICAL HISTORY
Birth	
What was the mode of delivery?	○ Vaginal ○ Caesarean ○ Unsure
What was the gestation (weeks) at birth? *	k
What was the birth weight (grams)? *	g
Were there any complications during or shortly after delivery?	○Yes ○No
If yes please specify:	
Were there any other antenatal/ postnatal issues of concern?	○Yes ○No
If yes please specify:	
Did the child receive neonatal screening for hearing?	○Yes ○No ○Unsure Missing
What was the outcome?	Pass Fail Missing
Regular Snoring	○Yes ○No ○Unsure Missing
Number of URTIs in the past year?	
Any constipation in the past year?	○Yes ○No
Past Medical History	
Growth faltering/Failure to Thrive:	○Yes ○No ○Unsure

. I		
Recurrent chest infection:	○ Yes ○ No ○ Unsure ● Mis	sing
Pneumonia:	○ Yes ○ No ○ Unsure ● Mis	sing
	○Yes ○No ○Unsure ●Mis	sing
Disease:		
Asthma:	◯Yes ◯No ◯Unsure ◉Mis	sing
Ear infections:	⊖Yes ⊖No ⊖Unsure ●Mis	sing
Skin infections:	◯ Yes ◯ No ◯ Unsure . Mis	sing
Skill infections.		
Other:	◯ Yes ◯ No ◯ Unsure . Mis	sing
If Other, please specify		
-		
hospitalisations, injuries, burns:		
Relevant Family Medio	cal History (Mother or Fat	her):
	○Yes ○No ○Unsure ●Mis	-
Hypertension:		snig
Gestational Diabetes:	○Yes ○No ○Unsure ● Mis	sing
CVD:	○ Yes ○ No ○ Unsure ● Mis	sing
Mantal illeasa		
Mental illness (e.g. depression,	○Yes ○No ○Unsure ●Mis	sina
anxiety,		und the second se
schizophrenia):		
Asthma/Atopy/Eczema:	⊖Yes ⊖No ⊖Unsure ●Mis	sing
Astrina/Atopy/Lezenia.		
Other:	◯Yes ◯No ◯Unsure ◉Mis	sing
Please specify - if yes		
to any of the above:		
CHILD		
Current Medications		
(prescriptions and over the counter):		
Allergies/drug		
intolerances:		
	E. SOCIAL HIST	ORY/CARER CONCERNS
Who does the child live with?		
(e.g parent, grandparen	t, Parent	○ Yes ○ No
friend?)		
	Siblings	○ Yes ○ No Missing
	Grandnaront	
	Grandparent	🔵 Yes 🔵 No 💿 Missing

○Yes ○No

Missing

Foster Parent

	Friend	○Yes ○No
	Other	○Yes ○No Missing
If Other, please specify:		
Who is the primary carer of the child?		
How many people usually live at the house?		
Does the carer have any concerns about the child's development?	○Yes ○No	
Any concerns about hearing?	○Yes ○No ●Missing	
Any concerns about talking?	○Yes ○No Missing	
Any concerns about vision?	○Yes ○No ●Missing	
If Yes to any of the above, please specify:		
Stressful Life Events		
Have there been any stressful life events to cause you or your child to be upset?	○Yes ○No Missing	
Conflict at home?	○Yes ○No ●Missing	
Family Deaths?	○Yes ○No ●Missing	
Exposure to violence?	○Yes ○No ●Missing	
Illness to primary caregiver?	○Yes ○No ● Missing	
Abuse?	○Yes ○No ●Missing	
Comments:		
Are there any concerns about the mother/carer's current well-being?	○Yes ○No	
If Yes, please specify (e.g. support network, stressors, mood, general health)		
Domestic Violence/Abuse		
Are you ever afraid of your partner?	○Yes ○No Missing	
In the last year, has your partner kicked, punched or otherwise hurt you?	○Yes ○No	
In the last year, has you partner threatened to hurt you?	○ Yes ○ No	
Do you feel threatened or afraid of anyone in the	○Yes ○No ● Missing	

community?	
Would you like help with any of this now?	○Yes ○No
Has the parent experienced abuse as a child? (emotional, neglect, physical, sexual):	○Yes ○No
If yes, please comment as appropriate:	

F. LEARNING AND BEHAVIOUR Does the child attend ○ Yes ○ No ○ Unsure ● Missing school? If Yes, what year? Does the parent/carer have any concerns ○Yes ○No ●Missing about learning? If Yes, please specify: Does the parent/carer have any concerns ○Yes ○No ●Missing about behaviour? If Yes, please specify: Does the teacher have ○Yes ○No ●Missing any concerns about learning or behaviour? If Yes, please specify: What marks does your Above average child receive on their Average report card? Below average OUnsure Missing Has the child been ○Yes ○No ● Missing suspended / expelled from school Comments Has the child moved ○Yes ○No Missing schools in the past 12 months If yes, how many times?

G. NUTRITION	
Was the child ever breastfed?	○Yes ○No Missing
If Yes, what age was the breastfeeding stopped?	months
Was the child ever bottle fed?	◯ Yes ◯ No . O Missing

Is the child currently bottle fed?	○Yes ○No Missing
If No, what age was the bottle feeding stopped?	months
What age did the child start solids?	months
What was their first solid food?	
What is the child's typi	cal diet?
Breakfast:	
Lunch:	
Dinner:	
Snacks:	
What is the vegetable and fruit component of this diet?	 None Less than 5 serves of vegetables and 2 serves of fruit Equal to or more than 5 serves of vegetables and 2 serves of fruit Missing
How many times in the past week has the child had take away food?	
Since this time yesterday	nas the baby/child had any of the following?
Flavoured milk:	◯ Yes ◯ No
Tea:	○Yes ○No Missing
Soft drink/cordial:	○Yes ○No Missing
Fruit juice:	○Yes ○No Missing
Water:	○ Yes ○ No ● Missing
Any concerns about diet?	○Yes ○No Missing
If Yes, please specify:	
Activity	
Did the child exercise / play sport?	⊖Yes ⊖No
How often in a week is the child physically active?	
	ercise that raised their heart rate or caused them to huff and puff.
How much time (minutes) did the child spend on screen-based media for fun in the previous day (or most recent school day)?	
	des watching DVDs, playing video or computer games, internet chatrooms.
Any other	

comments/observations related to	
nutrition/physical activity?:	

	G. PARENTAL SUBSTANCE USE	
Smoking		
Does anyone living in the household currently smoke regularly?	○Yes ○No Missing	
If Yes, does anyone smoke inside the house?	○Yes ○No ● Missing	
If Yes, please state the relationship to the child: Mother, Father, Other (please specify)		
If Yes, do they want assistance to quit smoking?	○Yes ○No ○Unsure ● Missing	
Alcohol *Based on current	national alcohol guidelines	
Does the child's mother drink alcohol?	◯ Yes ◯ No	
If Yes, please state if harmful or non-harmful levels:	 > 2 std drinks/day avg; drinks 6-7 days/wk; > 14 std drinks/wk \$\leq 2 std drinks/day, 1-2 alcohol free days/wk; <14 std drinks/wk > 4 std drinks on any one day Missing 	
Does the child's father drink alcohol?	○Yes ○No Missing	
If Yes, please state if harmful or non-harmful levels:	 > 4 std drinks/day avg or drinks 6-7 days/wk or > 28 std drinks/wk \$ 4 std drinks/day, 1-2 alcohol free days/wk or < 28 std drinks/wk > 6 std drinks on any one day Missing 	
Other Substances		
Does a parent/carer use other substances?	○Yes ○No Missing	
Marijuana	Ores ONO ● Missing O Daily O Weekly O Monthly O Occasionally ● Missing	
Amphetamines/Ice	Ores ONO ● Missing Obaily OWeekly OMonthly Occasionally ● Missing	
Heroin	Ores ONO ● Missing ODaily OWeekly OMonthly Occasionally ● Missing	
Cocaine	Yes No Missing Daily Weekly Monthly Occasionally Missing	
Inhaled solvents	○ Yes ○ No ● Missing ○ Daily ○ Weekly ○ Monthly ○ Occasionally ● Missing	
Methadone	○Yes ○No ●Missing ○Daily ○Weekly ○Monthly ○Occasionally ●Missing	

PART 2: NURSE'S ASSESSMENT A. CHILDHOOD DEVELOPMENT

Were any problems with gross motor development identified:	○Yes ○No
If yes, comment:	
Were any problems with fine motor development identified:	○ Yes ○ No
If yes, comment:	
Were any problems with language development identified:	○Yes ○No
If yes, comment:	
Were any problems with social development identified:	○Yes ○No
If yes, comment:	
Assessment Outcome:	
Recheck (child not able to be adequately assessed)	
C Known deficit	
Review (concerns/mild delay)	
Refer	
Missing	

	B. DYNAMICS
Please comment on the interaction between parent/carer and child (if indicated):	
Problem identified:	◯ Yes ◯ No
Behavioural intervention could be of use:	○Yes ○No Missing
Comment:	

C. PHYSICAL ASSESSMENT		
Weight:	kg	
Patient's height:	cm	
Waist circumference:	cm	(at umbilicus)
Blood pressure (SDB/DBP):	/	(Systollic/Diastolic)
Pulse rate:		
Nurse's suggestion for doctor to review:		

ĺ	C. VISION			
	Visual Acuity	○ With ○ Without glasses glasses	R6/ read 2 L6/ line o	I referral if unable to 3 symbols on 6/12 r 2 or more line ences between eyes)
1		D. ORAL H	IEALTH	
	Oral Health			
	Are the child's teeth			

○ Child ○ Parent/Care giver ○ Unsure ● Missing
○ Yes ○ No ● Missing
◯ Yes ◯ No
◯ Yes ◯ No
Stage 1
🔿 Stage 2
🔾 Stage 3
🔘 Stage 4
Missing

PART 3. MEDICAL ASSESSMENT		
A. ADOLESCENT HEALTI	H (Questions directed to the child if over 10 or less than 10 if appropriate $_$	
Smoking		
Do you smoke regularly?	○Yes ○No	
If Yes, how many per day?		
Alcohol		
Do you drink alcohol?	○Yes ○No	
If Yes, how many standard drinks per week?		
Are you concerned that your alcohol intake might be harmful?	○Yes ○No	
Caffeine (Coffee, tea, cola, iced coffee, V, Red Bull, other):	○Yes ○No	
Drinks per day:		
Other Substances	○Yes ○No	
Opiates (heroin, methadone, codeine, endone, MS contin)	○ Yes ○ No ● Missing	
Cannabis/Yarndi	○Yes ○No ● Missing	

○ Yes ○ No ● Missing
○ Yes ○ No
○Yes ○No Missing
○Yes ○No Missing
○Yes ○No ● Missing
○Yes ○No ● Missing
Health
○ Yes ○ No
○Yes ○No Missing

B. PHYSICAL EXAMINATION

Eyes			
Squint	○Yes ○No O Missing		
Ears (Tympanic membrane; TM)	L	R	
TM Normal			
TM obscured by wax			
TM dry perforation			
TM wet perforation			
Tympanic membrane bulging			
Other			
Please specify:			

○ Yes ○ No	
○ Yes ○ No ● Missing	
○ Yes ○ No ● Missing	
○ Yes ○ No ● Missing	
○ Yes ○ No ● Missing	
○ Yes ○ No ● Missing	
Normal Abnormal Missing	
○ Normal ○ Abnormal Missing	
○ Normal ○ Abnormal Missing	
○ Yes ○ No Missing	
cated)	
Normal Abnormal Missing	
Нарру?	○ No ○ A little ○ A lot ○ Unsure ● Missing
So sad nothing could make you happy?	○ No ○ A little ○ A lot ○ Unsure Missing
So worried or scared you felt sick in the belly?	○ No ○ A little ○ A lot ○ Unsure Missing
So angry or wild you could't walk away and cool down?	○ No ○ A little ○ A lot ○ Unsure Missing
	Yes No Missing Normal Abnormal Missing Normal Abnormal Missing Yes No Missing Normal Abnormal Missing Yes No Missing Normal Abnormal Missing Normal Abnormal Missing Normal Abnormal Missing Yes No Missing Yes No Missing Yes No Missing Normal Abnormal Missing Yes No Missing

	Like you wanted to harm yourself?	○ No ○ A little ○ A lot ○ Unsure ● Missing
	Peer relations problems identified	○ Yes ○ No ○ Missing
	Comments:	
	If mental health concerns, please specify:	
Known Health Conditions:	Asthma Rheumatic Heart Disease	

PROBLEM LIST

C. DIAGNOSIS	
Was a new diagnosis made?	○ Yes ○ No
If Yes, specify details:	
Significant health problems and issues:	

PART 4: ACTIONS		
Was a referral made?	◯ Yes ◯ No	
If Yes, outline		
Was advice given?	○Yes ○No	
If Yes, outline		
Was medication		

recommended?	○ Yes ○ No
If Yes, outline	
Were vaccinations provided during this health check?	○Yes ○No
If Yes, outline	
Other intervention?	○Yes ○No Missing
If Yes, outline	
Date of health check:	

Health Check Completed by:	
Sign Off	
Completed? (Select this only when Health Check is complete)	
User Name	Password Save

Health Check Completed by:

Signed:

Date: