

Study	Randomisation bias	Allocation bias	Performance bias	Attrition bias	Reporting bias	Other bias
[40]	?	?	-	?	-	+
[9]	?	?	+	-	-	-
[6]	-	-	?	-	+	-
[39]	?	?	+	-	+	+
[37]	?	?	?	-	-	-
[38]	?	?	?	-	?	?
[36]	+	+	?	-	?	-
[7]	-	?	?	-	-	-
[8]	+	+	?	+	+	+
[43]	-	-	-	-	-	-
[35]	-	-	?	-	?	-
[44]	+	+	+	+	+	+
[41]	?	?	?	-	-	+
[42]	+	+	+	+	+	+

Criterion met – low risk of bias
 Evidence unclear
 Criterion not met – high risk of bias