

Demographic Information

- 1- Gender: Female Male 2- Age (year):... 3- Place of residence: Urban Rural
 4- Level of education: High school Diploma Associate degree undergraduate degree Postgraduate and higher
 5- Employment status: Retired Working Full- Time Working Part Time Housewife Unemployed Others

Diabetes Management

- 6- Height (cm)... 7- Weight (kg)...
- 8- How long have you been diagnosed with diabetes?
 Less than 6 months 6 months to 1 year 1 year to 3years 3 to 5 years Over 5 years Don't know/ Not Applicable
- 9- Do you have any other chronic health condition? Yes (name of disease.....) No Don't know
- 10- What area in your diabetes care do you find most difficult to manage or frustrating? (you can choose from several options)
 Making healthy diet choices Getting enough physical activity Communicating with my physician
 Communicating with other Health care Provider, such as dieticians, nurses, etc. Communicating with friends and family
 Taking and keeping track of my blood glucose levels Not having clear and concrete goals for your diabetes others.....

Use of smartphone/cell phone and internet

- 11- Do you own a cellphone? Yes No
 12- Do you own a smart phone?(such as Android) Yes No
 13- Do you have daily access to the internet at home? Yes No
 14- On average, how many hours a day do you spent on the internet?
 Less than one hour Between 1 to 2 hours Between 2-3 hours Over 3 hours Don't know
 15- On average, how many hours a day do you spent on your smartphone or cell phone?
 Less than one hour Between 1 to 2 hours Between 2-3 hours Over 3 hours Don't know
 16- What activities do you typically use your smartphone (tablet) for? (you can choose from several options)
 E-mailing Communicating with friends Social media such as telegram Reading the news or books
 Researching Information Watching movie internet shopping others.....

Your attitude to Diabetes self-management with using internet and smartphone application

17- If you were to use an internet or smartphone application to help manage your diabetes, select what management services you would be interested in:

	Don't know	No	Yes
Dietary planning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical activity planning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Text Messaging Monitoring and/ or Reminders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Glucose Reading and Tracking options	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communication with other people with Type2 Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communication with diabetes clinicians	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communicating with other Health care Provider, such as dieticians, nurses, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- 18- For me, using a specially developed smart phone application to assist with self-management would be:
 Very bad idea Bad idea Neither a bad or good idea Good idea Very good idea
- 19- For me, using a specially developed smart phone application to assist with self-management would be:
 Extremely unenjoyable Unenjoyable Neither unenjoyable or Enjoyable Enjoyable Very Enjoyable
- 20- For me, using a specially developed smart phone application to assist with self-management would be:
 Very Frightening Frightening Neither Frightening or comforting Comforting Very comforting
- 21- For me, using a specially developed smart phone application to assist with self-management would be:
 Very Boring Boring Neither Boring or Exciting Exciting Very Exciting
- 22- For me, using a specially developed smart phone application to assist with self-management would be:
 Very Dull Dull Neither Dull or Interesting Interesting Very Interesting
- 23- For me, using a specially developed smart phone application to assist with self-management would be:
 Very Unhelpful Unhelpful Neither Unhelpful or helpful helpful Very helpful
- 24- For me, using a specially developed smart phone application to assist with self-management would be:
 Very time Consuming Time Consuming Neither time Consuming or time saving time saving Very time saving
- 25- I feel% confident that I could use a smart phone application to help me with my diabetes.
 0% -20% 21% - 40% 41% - 60% 61% - 80% 81% - 100%
- 26- If you were unable to use a smart phone would you want a spouse/friend/ family member to help you manage your diabetes with a smart phone?
 Yes No
- 27- I intend to use a smart phone application for helping me with my diabetes management in the future.
 Not at all Very Little Somewhat A little Very Much

General comments and additional contact Request

28- If you have any additional comments about using smart phone application manage diabetes, please state so here:

29- Would you be willing to be contacted to further discuss your smart phone use in future? Yes No
 (Please provide your name, phone number.....)

30- Would you be willing to be contacted to participate in any other study to management diabetes with use of smart phone?
 Yes No (please provide your name, phone number.....)

