

If PHCC accepts to participate

PHCC
Allocation
Assignment

Patient consults GP for Low Back Pain.
The GP evaluates the patient for red flags.
The GP explains the study and informs the patient that they will receive a call from him/her to ask about his/her pain

After 14 DAYS

If the Low Back Pain does not persist
the patient is not eligible for the study

If the Low Back Pain persists

If the patient **does not accept** to participate in the study

Sub-acute Low Back Pain
The GP re-evaluates the red flags
The trained fellow (TF) books an appointment with the patient for the sub-acute interview
The TF informs the patient about the trial, confirms eligibility and gains informed consent.
The sub-acute interview is done.
The patient (if the PHCC is allocated to the intervention Group) receives a leaflet with information about biopsychosocial multidisciplinary group intervention (BMGI).

15 days to 8 weeks

CONTROL GROUP
PHCC=19; N=466 participants
The patient receives a phone call for the appointment for the follow-up before the three months

INTERVENTION GROUP
PHCC=19; N=466 participants
The patient receives a phone call from TF to inform him/her about available dates for the BMGI. The patient receives a phone call 1 week before the BMGI and a SMS the day before the intervention

Biopsychosocial multidisciplinary group intervention
10 hours

30 days to 10 weeks

FOLLOW-UP VISITS AT 3, 6 AND 12 MONTHS