



Variables included in the analysis

Independent variables

Predisposing factors

- Age
 - Gender
 - Marital status
 - Education
- Importance of service accessibility as regards:
 - opening hours
 - waiting times for help
 - geographical proximity
 - number of health and social resources familiar to the patient

Enabling factors

- Work
 - Income sources
 - Housing type and location
 - Compliance with medication
 - Presence or absence of contact with relatives
 - Duration of follow-up with psychiatrist, general practitioner (GP) or case manager
- Amount of help for needs received from relatives or services
 - Proportion of needs receiving adequate help
 - Satisfaction with service accessibility as regards:
 - opening hours
 - waiting time for help
 - geographical proximity
 - quantity and diversity of available services
 - ease of accessing psychiatrist, GP or case manager

Needs factors

- First diagnosis
 - Second diagnosis
 - Suicide attempts
 - Alcoholism or drug addiction
 - History of psychiatric disorders in the family
- Violence
 - Criminal record
 - Number of needs, serious needs and health needs
 - Percentage of serious needs out of total needs and health needs out of total needs

Dependent variables (DV: professional service utilization among patients with severe mental disorders)

- Frequency of consultation with psychiatrist, GP, case manager, respectively (Tables 2, 3, 4)
- Frequent users of one professional only, two professionals, or three professionals compared with users of zero professional services (or no users or infrequent users - reference group; Tables 5 and 6)