

Carer Cohort		Patient Cohort
<b>Intervention</b>	<b>Attention Control</b>	<i>Patients identified, invited to participate (as part of carer/patient dyad)</i>  <b>Baseline Assessment</b>
<i>Carers identified, invited to participate (as part of carer/patient dyad)</i>		
<b>Randomised to Cancer Helpline</b>	<b>Randomised to minimal telephone service</b>	
<b>Outcalls (*3) by Helpline nurse</b> 1. screens for distress using DT and refers carer back to GP for follow up supportive care services (DT $\geq$ 4) 2. raises 6 topics for discussion; 3. referral to supportive care services as required.	<b>Outcalls (*3) by Research Staff: standard spiel</b> Reminder about accessing Cancer Helpline.	
<b>Follow up assessment 1 month post intervention</b>		<b>Follow-up assessment 1 month post intervention</b>
<b>Follow up assessment 6 months post intervention</b>		