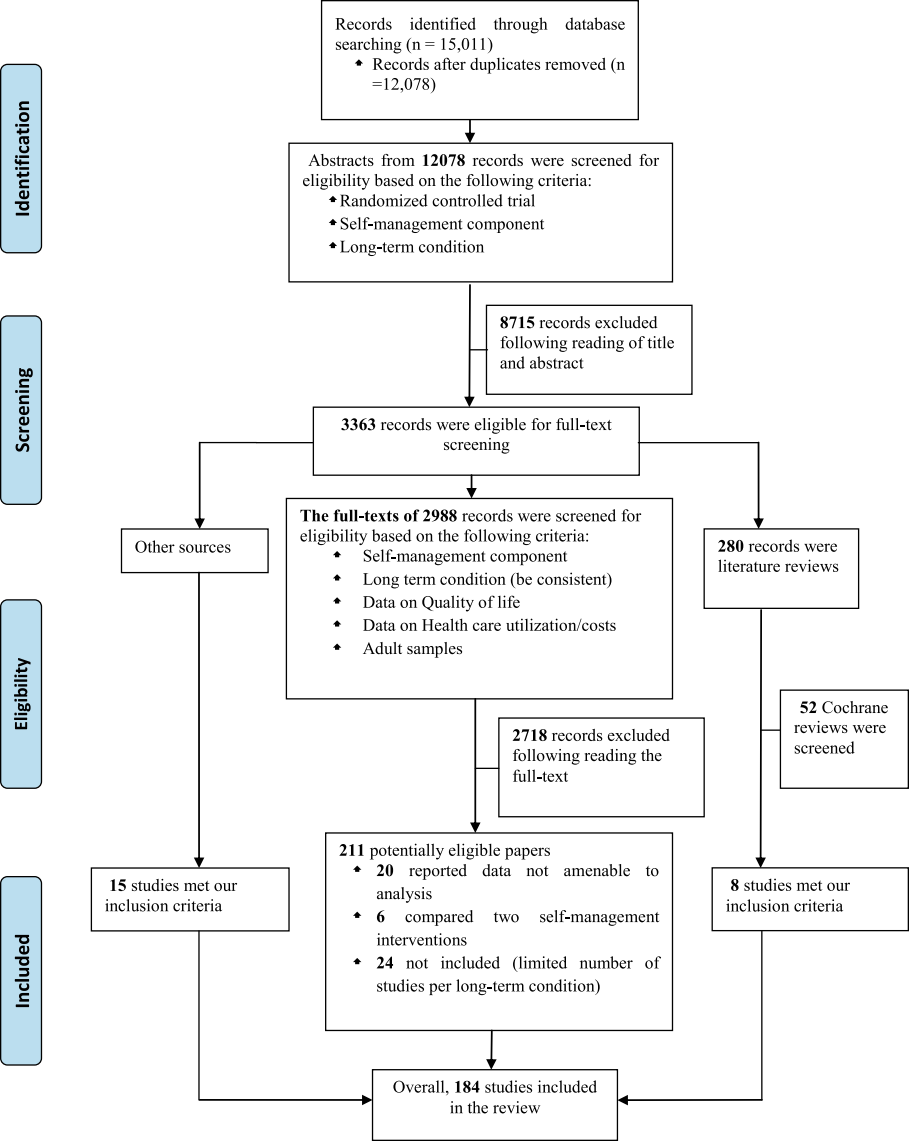
Identification
Screening
Eligibility
Included
Records identified through database searching (n = 15,011)
Records after duplicates removed (n =12,078)
Abstracts from 12078 records were screened for eligibility based on the following criteria:
Randomized controlled trial
Self-management component
Long-term condition
8715 records excluded following reading of title and abstract
3363 records were eligible for full-text screening
Other sources
The full-texts of 2988 records were screened for eligibility based on the following criteria:
Self-management component
Long term condition (be consistent)
Data on Quality of life
Data on Health care utilization/costs
Adult samples
280 records were literature reviews
52 Cochrane reviews were screened
2718 records excluded following reading the full-text
211 potentially eligible papers
20 reported data not amenable to analysis
6 compared two self-management interventions
24 not included (limited number of studies per long-term condition)
15 studies met our inclusion criteria
8 studies met our inclusion criteria
Overall, 184 studies included in the review