Additional file 4. Moderation analyses for associations between stress perception, work-privacy conflict, parental status and coping behaviors.

|  | Positive thinking |  |  |  | Active stress coping |  |  |  | Social support |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | b | SE | $t$ | $p$ | b | SE | $t$ | $p$ | $b$ | SE | $t$ | $p$ |
| Constant | $\begin{gathered} 10.24 \\ (9.14,11.26) \end{gathered}$ | 0.54 | 18.45 | $p<.001$ | $\begin{gathered} 11.42 \\ (10.39,12.42) \end{gathered}$ | 0.52 | 21.38 | $p<.001$ | $\begin{gathered} 12.84 \\ (11.74,13.96) \end{gathered}$ | 0.56 | 22.41 | $p<.001$ |
| Stress perception (centred) | $\begin{gathered} -1.14 \\ (-2.52,0.33) \end{gathered}$ | 0.73 | $-1.50$ | $p=.135$ | $\begin{gathered} -0.90 \\ (-2.61,0.95) \end{gathered}$ | 0.89 | -0.97 | $p=.334$ | $\begin{gathered} -1.38 \\ (-2.80,0.18) \end{gathered}$ | 0.75 | -1.77 | $p=.077$ |
| Work-privacy conflict (centred) | $\begin{gathered} -0.00 \\ (-0.02,0.01) \end{gathered}$ | 0.01 | -0.62 | $p=.539$ | $\begin{gathered} 0.01 \\ (-0.00,0.03) \end{gathered}$ | 0.01 | 1.70 | $p=.089$ | $\begin{gathered} -0.01 \\ (-0.03,0.00) \end{gathered}$ | 0.01 | -1.36 | $p=.176$ |
| Stress perception x Work-privacy conflict | $\begin{gathered} 0.01 \\ (-0.01,0.03) \end{gathered}$ | 0.01 | 1.41 | $p=.161$ | $\begin{gathered} 0.02 \\ (-0.00,0.03) \end{gathered}$ | 0.01 | 1.69 | $p=.091$ | $\begin{gathered} -0.00 \\ (-0.02,0.02) \end{gathered}$ | 0.01 | -0.35 | $p=.727$ |
| Parenthood | $\begin{gathered} -0.38 \\ (-0.91,0.19) \end{gathered}$ | 0.29 | -1.27 | $p=.207$ | $\begin{gathered} -0.44 \\ (-0.97,0.13) \end{gathered}$ | 0.28 | -1.53 | $p=.128$ | $\begin{gathered} 0.53 \\ (-0.06,1.12) \end{gathered}$ | 0.30 | 1.75 | $p=.082$ |
| Stress perception x Parenthood | $\begin{gathered} -0.19 \\ (-0.99,0.58) \end{gathered}$ | 0.41 | -0.46 | $p=.648$ | $\begin{gathered} 0.05 \\ (-0.93,0.96) \end{gathered}$ | 0.47 | 0.10 | $p=.919$ | $\begin{gathered} 0.17 \\ (-0.69,0.96) \end{gathered}$ | 0.41 | 0.40 | $p=.690$ |
| $n$ | 330 |  |  |  | 330 |  |  |  | 330 |  |  |  |
| $R^{2}$ | . $23{ }^{* * *}$ |  |  |  | .07** |  |  |  | . $15^{* * *}$ |  |  |  |

Additional file 4. Continued.

| Variable | Support in faith |  |  |  | Alcohol and cigarette consumption |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $b$ | SE | $t$ | $p$ | b | SE | $t$ | $p$ |
| Constant | $\begin{gathered} 7.78 \\ (6.25,9.31) \end{gathered}$ | 0.77 | 9.85 | $p<.001$ | $\begin{gathered} 5.66 \\ (4.10,7.40) \end{gathered}$ | 0.84 | 6.68 | $p<.001$ |
| Stress perception (centred) | $\begin{gathered} 1.47 \\ (-0.88,3.70) \end{gathered}$ | 1.15 | 1.24 | $p=.215$ | $\begin{gathered} 0.04 \\ (-2.16,2.48) \end{gathered}$ | 1.18 | 0.03 | $p=.974$ |
| Workprivacy conflict (centred) | $\begin{gathered} -0.01 \\ (-0.03,0.01) \end{gathered}$ | 0.001 | -1.00 | $p=.317$ | $\begin{gathered} 0.01 \\ (-0.00,0.03) \end{gathered}$ | 0.01 | 1.74 | $p=.083$ |
| Stress perception x Workprivacy conflict | $\begin{gathered} 0.00 \\ (-0.02,0.03) \end{gathered}$ | 0.01 | 0.15 | $p=.882$ | $\begin{gathered} 0.02 \\ (0.00,0.04) \end{gathered}$ | 0.01 | 2.13 | $p=.034$ |
| Parenthood | $\begin{gathered} -0.17 \\ (-0.98,0.65) \end{gathered}$ | 0.41 | -0.40 | $p=.690$ | $\begin{gathered} 0.01 \\ (-0.89,0.82) \end{gathered}$ | 0.44 | 0.01 | $p=.989$ |
| Stress perception x Parenthood | $\begin{gathered} -1.03 \\ (-2.17,0.18) \end{gathered}$ | 0.60 | -1.66 | $p=.098$ | $\begin{gathered} 0.17 \\ (-1.10,1.31) \end{gathered}$ | 0.62 | 0.27 | $p=.787$ |
| $n$ |  | 330 |  |  |  | 330 |  |  |
| $R^{2}$ |  | .03* |  |  |  | .04* |  |  |

Note. All values have been rounded off to two decimal places except $p$-values. ${ }^{*} p<0.05 ;{ }^{* *} p<0.01$. ${ }^{* * *} p<0.001$. $95 \%$ bootstrap confidence intervals reported in parentheses. Confidence intervals and standard errors based on 5000 bootstrap samples. Cook's distance was used to examine outliers (Positive thinking: between 0.000 and 0.098 ; active stress coping: between 0.000 and 0.061 ; social support: between 0.000 and 0.118 ; support in faith: between 0.000 and 0.048 ; alcohol and cigarette consumption: between 0.000 and 0.255 ). $b=$ unstandardized coefficient; SE = standard error.

