

Health system barriers

- lack of trained health care providers/female doctors
- High staff turnover
- Lack of standard protocols
- Lack of consumables and equipment
- Cost of health services and treatment
- Lack of or poor referral systems, feedback mechanisms and follow-up systems
- Distance to health facility

Societal/cultural barriers

- Perceptions of female body size and weight gain/loss in relation to pregnancy
- Practices related to pregnant women's food
- Societal negligence of women's health
- Lack of decision-making power among women regarding their own health
- Stigmatisation
- Role of women in society and expectations that the pregnant woman move to her maternal home for delivery

Individual barriers

- Not covered in this study

GDM detection and treatment

Health outcomes

Short term

Adverse pregnancy outcomes

Long term

Type 2 diabetes