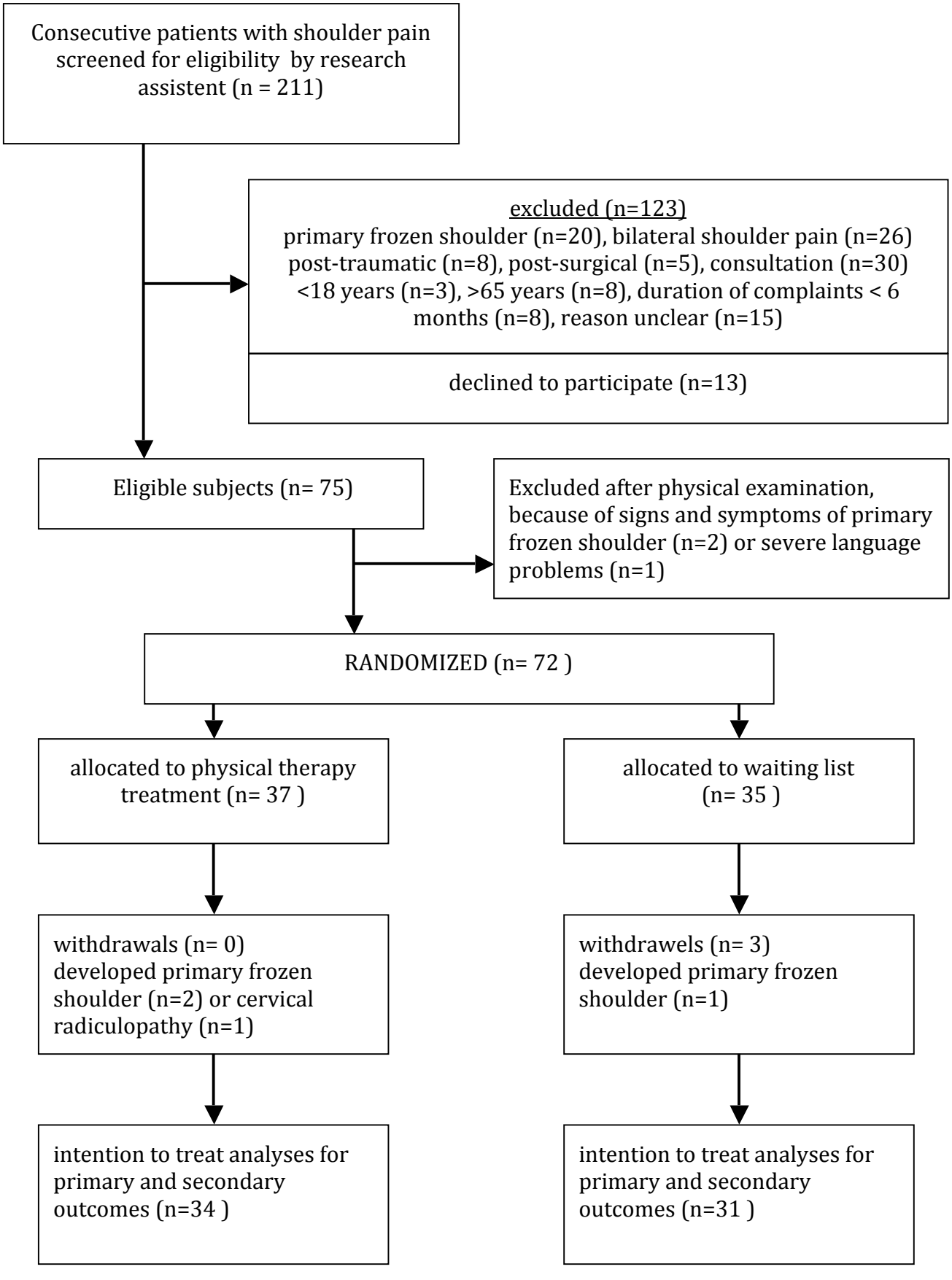
Consecutive patients with shoulder pain screened for eligibility by research assistent (n = 211)
excluded (n=123)
primary frozen shoulder (n=20), bilateral shoulder pain (n=26) post-traumatic (n=8), post-surgical (n=5), consultation (n=30) <18 years (n=3), >65 years (n=8), duration of complaints < 6 months (n=8), reason unclear (n=15)
declined to participate (n=13)
Eligible subjects (n= 75)
Excluded after physical examination, because of signs and symptoms of primary frozen shoulder (n=2) or severe language problems (n=1)
RANDOMIZED (n= 72)
allocated to physical therapy treatment (n= 37)
allocated to waiting list (n= 35)
withdrawals (n= 0) developed primary frozen shoulder (n=2) or cervical radiculopathy (n=1)
withdrawels (n= 3) developed primary frozen shoulder (n=1)
intention to treat analyses for primary and secondary outcomes (n=34)
intention to treat analyses for primary and secondary outcomes (n=31)