

	Level of the ICF	Pattern of frailty	Common causes	Other causes
→	Health condition	Unstable health conditions	Infections, injuries, cardiorespiratory disease	Frequent transition between primary care and acute care Sub-optimal management
		Under nutrition ^a	Inability to prepare meals	Inability to purchase food Exhaustion
→	Impairment of the body's structure/function	Psychological factors ^a	Depression, grief	Negative outlook
		Impaired cognition	Dementia	Lack of compensatory strategies
→	Activity limitation ^b	Impaired vision / hearing	Macular degeneration, cataracts / presbycusis	Lack of appropriate equipment / aids / eye surgery
		Decreased mobility ^a / decreased self care	Impaired balance/co-ordination and /or strength Environmental barriers Recent traumatic event	Decreased cardiovascular endurance Fear of falling
→	Participation restriction ^c	Lack of participation in life roles	Social barriers Limited family contact Environmental barriers	Decreased self-efficacy
→	Environmental contextual factors	Problems with services or support systems	Services not readily available Lack of service co-ordination	Carer stress Interaction with support network Low income Physical or social isolation