

Study or Subgroup	Std. Mean Difference IV, Fixed, 95% CI	Std. Mean Difference IV, Fixed, 95% CI
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2.1.1 Time

Gonzalez-Alonso (1999)a	2.01 [0.65, 3.38]
Hasegawa (2006)b	1.41 [0.35, 2.47]
Siegel (2012)c	1.48 [0.34, 2.62]

2.1.2 Distance

Booth (1997)d	0.61 [-0.40, 1.62]
Kay (1999)e	0.42 [-0.64, 1.49]

2.1.3 Mean Power Output

Duffield (2010)f	0.74 [-0.28, 1.77]
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