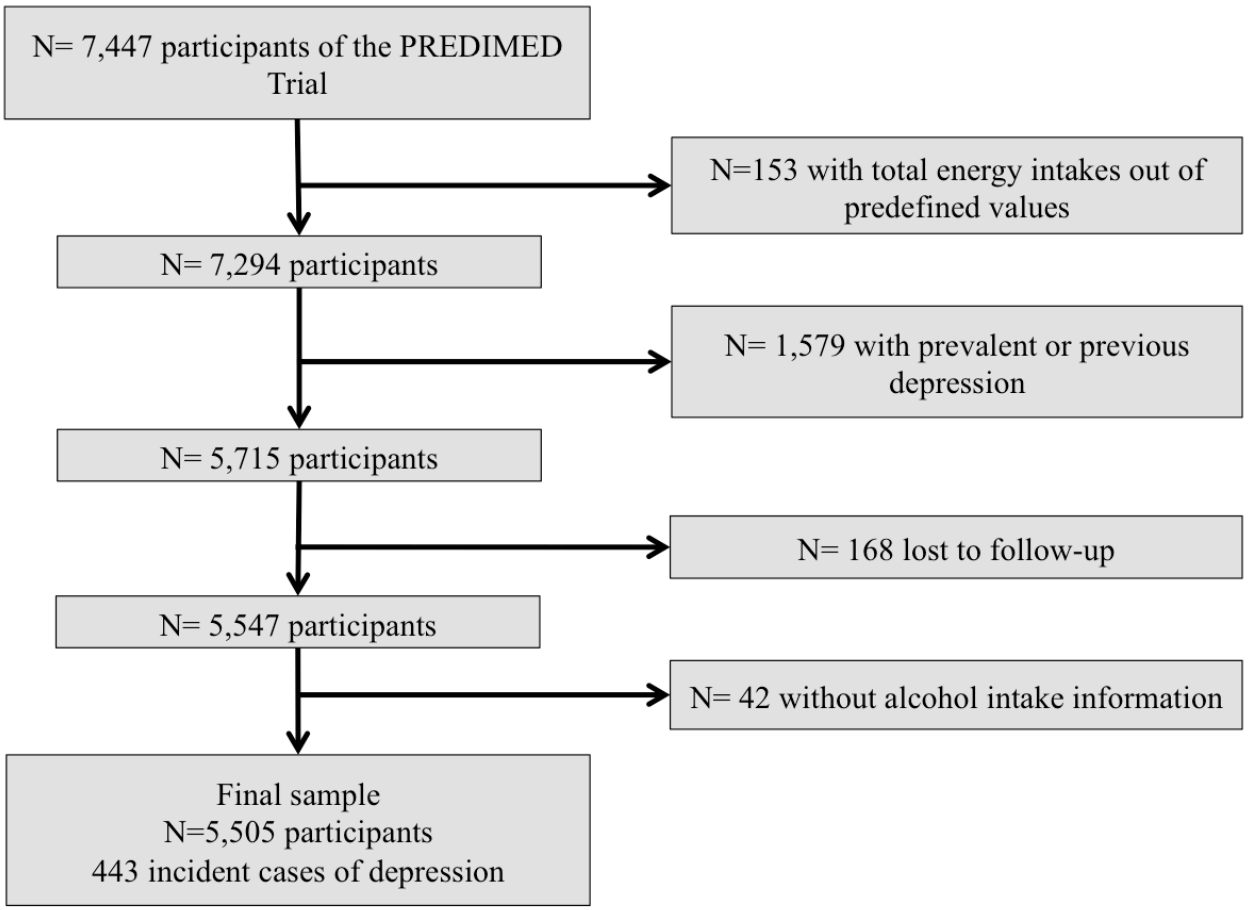Additional File 1. Flow Chart of Participants: The PREDIMED Study.