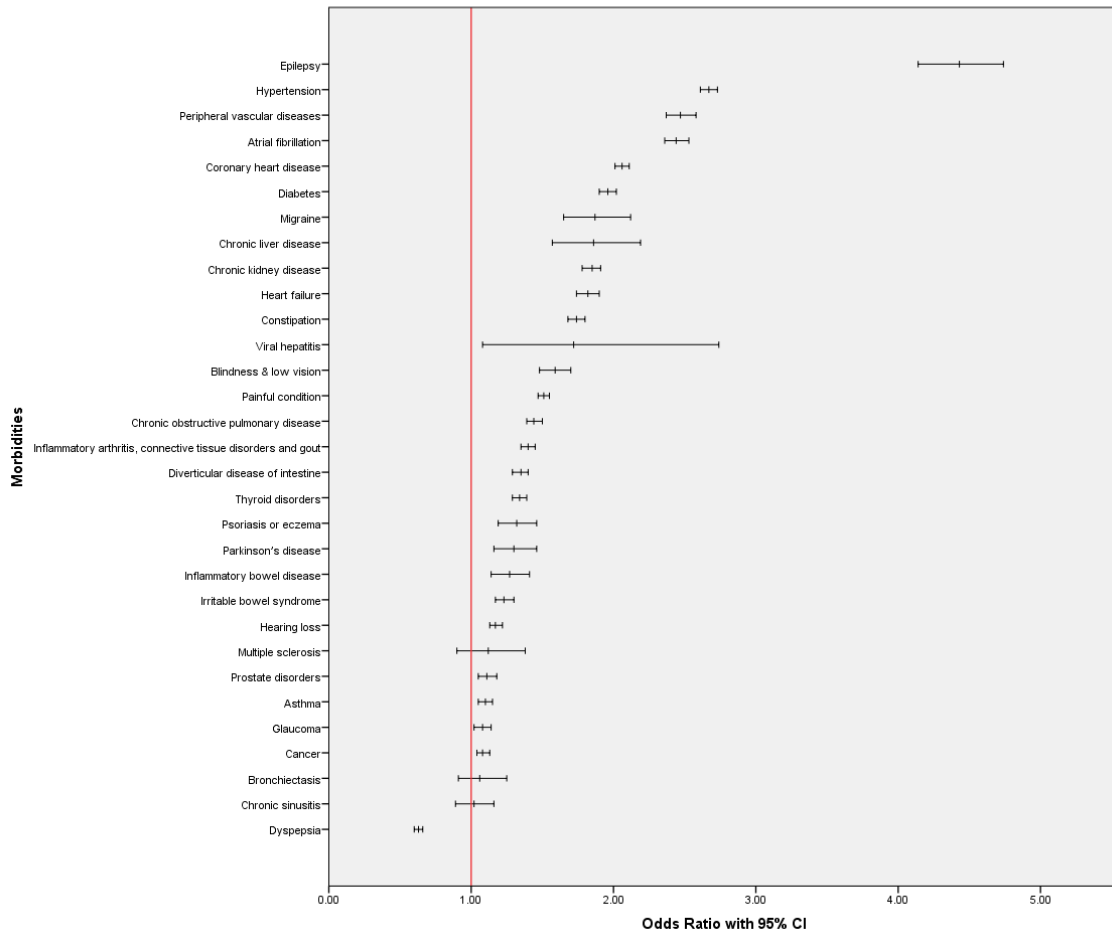


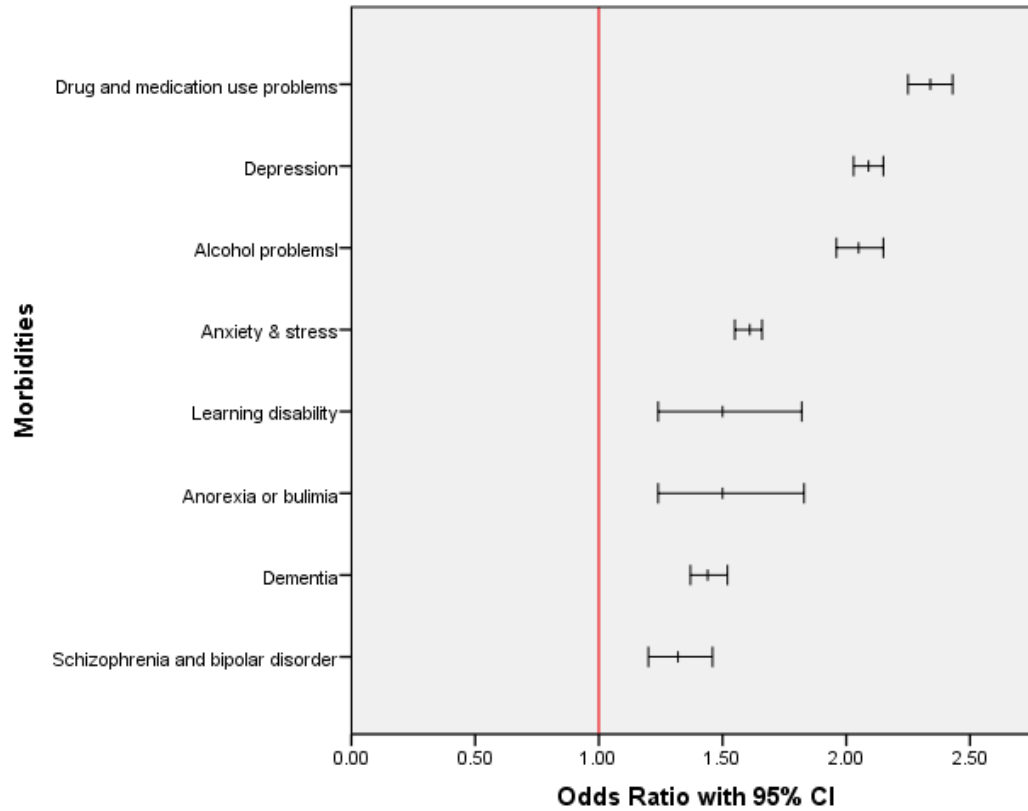
**Table 1. Stroke status and number of morbidities (N=1,424,378)**

	<b>Stroke N (%) 35690 (100)</b>	<b>No stroke (%) 1388688 (100)</b>	<b>Unadjusted <u>Odds Ratio</u> (95% CI)<sup>a</sup></b>	<b>Age, gender and deprivation adjusted <u>Odds Ratio</u> (95% CI)<sup>a</sup></b>
<b>Total number of morbidities<sup>b</sup></b>				
<b>None</b>	2053 (5.8)	721430 (52.0)	1	1
<b>One-three</b>	17750 (49.7)	551295 (39.7)	11.31 (10.81 to 11.85)	4.35 (4.15 to 4.56)
<b>Four-six</b>	12300 (34.5)	100500 (7.2)	43.01 (41.03 to 45.09)	8.59 (8.17 to 9.04)
<b>Seven or more</b>	3587 (10.1)	15463 (1.1)	81.52 (77.04 to 86.26)	12.81 (12.05 to 13.61)
<b>Number of physical morbidities<sup>b</sup></b>				
<b>None</b>	2769 (7.8)	800202 (57.6)	1	1
<b>One-three</b>	20716 (58.0)	510846 (36.8)	11.72 (11.26 to 12.20)	4.03 (3.86 to 4.20)
<b>Four-six</b>	10414 (29.2)	70709 (5.1)	42.56 (40.79 to 44.41)	7.32 (6.99 to 7.67)
<b>Seven or more</b>	1791 (5.0)	6931 (0.5)	74.68 (70.05 to 79.61)	10.33 (9.64 to 11.05)
<b>Number of mental morbidities</b>				
<b>None</b>	21961 (61.5)	1163095 (83.8)	1	1
<b>One-three</b>	13533 (37.9)	223739 (16.1)	3.20 (3.13 to 3.27)	2.08 (2.04 to 2.13)
<b>Four or more</b>	196 (0.5)	1854 (0.1)	5.60 (4.83 to 6.49)	3.56 (3.03 to 4.20)
<sup>a</sup> all p<0.001				
<sup>b</sup> excluding stroke				

Figure 1- Odds Ratios (with 95% CI) for physical morbidities in relation to stroke status (adjusted for age, gender, deprivation).  
Stroke N = 35690. Stroke-free N= 1388688.



**Figure 2 - Odds Ratios (with 95% CI) for mental health morbidities in relation to stroke status (adjusted for age, gender, deprivation). Stroke N= 35690. Stroke-free N= 1388688.**



Note: Drug related problems is any Read code which records psychoactive substance abuse which includes both drug misuse and prescription drug problems of multiple sources.

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**Table 2. Stroke status and number of repeat medications (N=1,424,378)**

	<b>Stroke N (%)</b> <b>35690 (100)</b>	<b>No stroke N (%)</b> <b>1388688 (100)</b>	<b>Unadjusted Odds Ratio</b> <b>(95% CI) <sup>a</sup></b>	<b>Age, gender and deprivation adjusted Odds Ratio</b> <b>(95% CI) <sup>a</sup></b>	<b>Age, gender, deprivation and morbidity count adjusted Odds Ratio</b> <b>(95% CI) <sup>a</sup></b>
<b>Number of medications</b>					
<b>None</b>	2447 (6.9%)	863688 (62.2%)	1	1	1
<b>One-two</b>	3038 (8.5%)	240721 (17.3%)	4.45 (4.22 to 4.70)	2.38 (2.26 to 2.52)	2.29 (2.17 to 2.42)
<b>Three-four</b>	6566 (18.4%)	122518 (8.8%)	18.92 (18.05 to 19.82)	6.25 (5.95 to 6.57)	5.78 (5.49 to 6.08)
<b>Five-six</b>	8185 (22.9%)	75512 (5.4%)	38.26 (36.55 to 40.05)	10.50 (9.99 to 11.03)	9.36 (8.89 to 9.86)
<b>Seven-eight</b>	6721 (18.8%)	43344 (3.1%)	54.73 (52.20 to 57.38)	13.90 (13.20 to 14.63)	11.94 (11.29 to 12.62)
<b>Nine-ten</b>	4219 (11.8%)	22536 (1.6%)	66.08 (62.76 to 69.57)	16.22 (15.34 to 17.15)	13.44 (12.65 to 14.29)
<b>Eleven or more</b>	4514(12.6%)	20369 (1.5%)	78.22 (74.32 to 82.32)	20.13 (19.05 to 21.27)	15.84 (14.86 to 16.88)
<sup>a</sup> all p<0.001					

**Supplementary File 1.  
Stroke status in  
relation to  
demographic  
characteristics  
(N=1,424,378)**

	<b>Stroke N (%) 35690 (100)</b>	<b>No stroke N (%) 1388688(100)</b>	<b>Unadjusted <u>Odds Ratio</u> (95% CI)<sup>a</sup></b>	<b>Adjusted <u>Odds Ratio</u> (95% CI) <sup>a,b</sup></b>
<b>Men</b>	18071 (50.6)	681358 (49.1)	1.07 (1.04 to 1.09) <sup>c</sup>	1.49 (1.46 to 1.53) <sup>c</sup>
<b>Age group</b>				
<b>18-24</b>	50 (0.1)	151643 (10.9)	1	1
<b>25-34</b>	157 (0.4)	229239 (16.5)	2.08 (1.51 to 2.86)	2.08 (1.52 to 2.86)
<b>35-44</b>	592 (1.7)	278401 (20.0)	6.45 (4.83 to 8.61)	6.53 (4.89 to 8.71)
<b>45-54</b>	2019 (5.7)	251775 (18.1)	24.32 (18.37 to 32.20)	24.80 (18.73 to 32.83)
<b>55-64</b>	5650 (15.8)	213683 (15.4)	80.19 (60.70 to 105.94)	82.58 (62.51 to 109.10)
<b>65-74</b>	9847 (27.6)	145433 (10.5)	205.35 (155.51 to 271.16)	212.61 (161.01 to 280.74)
<b>75+</b>	17375 (48.7)	118514 (8.5)	444.64 (336.83 to 586.95)	476.65 (361.07 to 629.23)
<b>Deprivation quintile</b>				
<b>1 affluent</b>	5993 (16.8)	266036 (19.2)	1	1
<b>2</b>	7724 (21.6)	296430 (21.3)	1.16 (1.12 to 1.20)	1.09 (1.05 to 1.12)

<b>3</b>	8251 (23.1)	313996 (22.6)	1.17 (1.13 to 1.21)	1.20 (1.16 to 1.24)
<b>4</b>	7008 (19.6)	264376 (19.0)	1.18 (1.14 to 1.22)	1.28 (1.24 to 1.33)
<b>5 deprived</b>	6714 (18.8)	247850 (17.8)	1.20 (1.16 to 1.25)	1.42 (1.37 to 1.47)

<sup>a</sup> all p values <0.001

<sup>b</sup> adjustments were made for all other demographic variables e.g. age and deprivation when examining gender.

<sup>c</sup> reference category is women

**Supplementary File 2. Stroke status and prevalence of physical morbidities (N=1,424,378)**

	<b>Stroke N (%)</b> <b>35690 (100)</b>	<b>No stroke N (%)</b> <b>1388688 (100)</b>	<b>Unadjusted Odds Ratio</b> <b>(95% CI)<sup>a,b</sup></b>	<b>Age, gender and deprivation adjusted Odds Ratio (95% CI)<sup>a,b</sup></b>
<b>Epilepsy</b>	1186 (3.3)	11198 (0.8)	4.23 (3.98 to 4.49)	4.43 (4.14 to 4.74)
<b>Hypertension</b>	21742 (60.9)	212572 (15.3)	8.62 (8.44 to 8.81)	2.67 (2.61 to 2.73)
<b>Peripheral vascular diseases</b>	3286 (9.2)	19954 (1.4)	6.96 (6.69 to 7.23)	2.47 (2.37 to 2.58)
<b>Atrial fibrillation</b>	4652 (13.0)	19324 (1.4)	10.62 (10.27 to 10.99)	2.44 (2.36 to 2.53)
<b>Coronary heart disease</b>	10518 (29.5)	70949 (5.1)	7.76 (7.58 to 7.95)	2.06 ( 2.01 to 2.11)
<b>Diabetes</b>	6697 (18.8)	68134 (4.9)	4.48 (4.36 to 4.60)	1.96 (1.90 to 2.02)
<b>Migraine</b>	273 (0.8)	8978 (0.6)	1.19 (1.05 to 1.34)	1.87 (1.65 to 2.12)
<b>Chronic liver disease</b>	159 (0.4)	2455 (0.2)	2.53 (2.15 to 2.97)	1.86 (1.57 to 2.19)
<b>Chronic kidney disease</b>	5100 (14.3)	28466 (2.0)	7.97 (7.72 to 8.23)	1.85 (1.78 to 1.91)
<b>Heart failure</b>	2977 (8.3)	15922 (1.1)	7.85 (7.53 to 8.17)	1.82 (1.74 to 1.90)
<b>Constipation</b>	4934 (13.8)	31482 (2.3)	6.92 (6.70 to 7.14)	1.74 (1.68 to 1.80)
<b>Viral Hepatitis</b>	19 (0.1)	1156 (0.1)	0.64 (0.41 to 1.01) p=0.053	1.72 (1.08 to 2.74)
<b>Blindness &amp; low vision</b>	1124 (3.1)	7254 (0.5)	6.19 (5.81 to 6.60)	1.59 (1.48 to 1.70)
<b>Painful condition</b>	7810 (21.9)	118321 (8.5)	3.01 (2.93 to 3.09)	1.51 (1.47 to 1.55)
<b>Chronic obstructive pulmonary disease</b>	4235 (11.9)	48872 (3.5)	3.69 (3.57 to 3.82)	1.44 (1.39 to 1.50)
<b>Inflammatory arthritis, connective tissue</b>	4198 (11.8)	53810 (3.9)	3.31 (3.20 to 3.42)	1.40 (1.35 to 1.45)

<b>disorders and gout</b>				
<b>Diverticular disease of intestine</b>	3472 (9.7)	30341 (2.2)	4.83 (4.65 to 5.01)	1.35 (1.29 to 1.40)
<b>Thyroid disorders</b>	4244 (11.9)	67699 (4.9)	2.63 (2.55 to 2.72)	1.34 (1.29 to 1.39)
<b>Psoriasis or eczema</b>	446 (1.2)	9923 (0.7)	1.76 (1.60 to 1.93)	1.32 (1.19 to 1.46)
<b>Parkinson's disease</b>	361 (1.0)	2380 (0.2)	5.95 (5.33 to 6.65)	1.30 (1.16 to 1.46)
<b>Inflammatory bowel disease</b>	382 (1.1)	9369 (0.7)	1.59 (1.44 to 1.77)	1.27 (1.14 to 1.41)
<b>Irritable bowel syndrome</b>	1539 (4.3)	50598 (3.6)	1.19 (1.13 to 1.26)	1.23 (1.17 to 1.30)
<b>Hearing loss</b>	3968 (11.1)	50766 (3.7)	3.30 (3.19 to 3.41)	1.17 (1.13 to 1.22)
<b>Multiple sclerosis</b>	92 (0.3)	3755 (0.3)	0.95 (0.78 to 1.17) p=0.650	1.12 (0.90 to 1.38) p=0.309
<b>Prostate disorders</b>	1424 (4.0)	13809 (1.0)	4.14 (3.91 to 4.37)	1.11 (1.05 to 1.18)
<b>Asthma</b>	2285 (6.4)	82220 (5.9)	1.09 (1.04 to 1.14)	1.10 (1.05 to 1.15)
<b>Glaucoma</b>	1544 (4.3)	14375 (1.0)	4.32 (4.10 to 4.56)	1.08 (1.02 to 1.14)
<b>Cancer</b>	2937 (8.2)	40727 (2.9)	2.97 (2.85 to 3.09)	1.08 (1.04 to 1.13)
<b>Bronchiectasis</b>	173 (0.5)	2641 (0.2)	2.56 (2.19 to 2.98)	1.06 (0.91 to 1.25) p=0.454
<b>Chronic sinusitis</b>	248 (0.7)	8917 (0.6)	1.08 (0.95 to 1.23) p=0.219	1.02 (0.89 to 1.16) p=0.820
<b>Dyspepsia</b>	2571 (7.2)	76633 (5.5)	1.33 (1.28 to 1.38)	0.63 (0.60 to 0.66)
<sup>a</sup> reference category is absence of each condition				
<sup>b</sup> all p values <0.001 unless otherwise stated				



**Supplementary File 3. Stroke status and prevalence of mental health morbidities (N=1,424,378)**

	<b>Stroke N (%) 35690 (100)</b>	<b>Non stroke N (%) 1388688 (100)</b>	<b>Unadjusted Odds Ratio (95% CI)<sup>a,b</sup></b>	<b>Age, gender and deprivation adjusted Odds Ratio (95% CI)<sup>a,b</sup></b>
<b>Drug and medication use problems</b>	3831 (10.7)	38629 (2.8)	4.20 (4.06 to 4.35)	2.34 (2.25 to 2.43)
<b>Depression</b>	7394 (20.7)	136549 (9.8)	2.40 (2.33 to 2.46)	2.09 (2.03 to 2.15)
<b>Alcohol problems</b>	2062 (5.8)	40301 (2.9)	2.05 (1.96 to 2.15)	2.05 (1.96 to 2.15)
<b>Anxiety &amp; stress</b>	4026 (11.3)	51700 (3.7)	3.29 (3.18 to 3.40)	1.61 (1.55 to 1.66)
<b>Learning disability</b>	115 (0.3)	4899 (0.4)	0.91 (0.76 to 1.10) p=0.336	1.50 (1.24 to 1.82)
<b>Anorexia or bulimia</b>	118 (0.3)	5188 (0.4)	0.89 (0.74 to 1.06) p=0.189	1.50 (1.24 to 1.83)
<b>Dementia</b>	2075 (5.8)	9621 (0.7)	8.85 (8.43 to 9.29)	1.44 (1.37 to 1.52)
<b>Schizophrenia and bipolar disorder</b>	452 (1.3)	12041 (0.9)	1.47 (1.33 to 1.61)	1.32 (1.20 to 1.46)
<sup>a</sup> reference category is absence of each condition				
<sup>b</sup> all p values <0.001 unless otherwise stated				

Supplementary file 4 Stroke status and number of morbidities and repeat medications for two age groups

	Stroke N (%) 35690 (100)	No stroke (%) 1388688 (100)	Gender and deprivation adjusted <b>Odds Ratio</b> (95% CI) <sup>a</sup>
<b>Total number of morbidities<sup>b</sup> (Age group 35-44)</b>			
None	162 (27.4)	179346 (64.4)	1
One-three	332 (56.1)	92652 (33.3)	3.93 (3.25 to 4.75)
Four-six	84 (14.2)	6069 (2.2)	14.77 (11.29 to 19.32)
Seven or more	14 (2.4)	334 (0.1)	45.19 (25.83 to 79.04)
<b>Number of morbidities<sup>b</sup> (Age group 75plus)</b>			
None	435 (2.5)	11846 (10.0)	1
One-three	7620 (43.9)	64934 (54.8)	3.23 (2.92 to 3.56)
Four-six	7009 (40.3)	34197 (28.9)	5.69 (5.15 to 6.28)
Seven or more	2311 (13.3)	7537 (6.4)	8.56 (7.70 to 9.53)
<b>Number of medications (Age 35-74)</b>			
None	180 (30.4)	217,943 (78.3)	1
One-two	135 (22.8)	42,772 (15.4)	3.86 (3.06 to 4.83)
Three-four	99 (16.7)	10,688 (3.8)	11.12 (8.68 to 14.25)
Five-six	65 (11.0)	3,912 (1.4)	19.83 (14.89 to 26.42)
Seven-eight	46 (7.8)	1,713 (0.6)	32.10 (23.10 to 44.60)
Nine-ten	37 (6.3)	735 (0.3)	59.91 (41.66 to 86.16)
Eleven or more	30 (5.1)	638 (0.2)	56.14 (37.77 to 83.43)
<b>Number of medications (Age 75 plus)</b>			
None	970 (5.6)	16,153 (13.6)	1
One-two	1,017 (5.9)	20,805 (17.6)	0.82 (0.75 to 0.90)

Three-four	2,897 (16.7)	26,558 (22.4)	1.85 (1.72 to 2.00)
Five-six	4,147 (23.9)	23,290 (19.7)	3.04 (2.83 to 3.27)
Seven-eight	3,690 (21.2)	15,616 (13.2)	4.05 (3.76 to 4.36)
Nine-ten	2,376 (13.7)	8,760 (7.4)	4.68 (4.32 to 5.07)
Eleven or more	2,278 (13.1)	7,332 (6.2)	5.38 (4.97 to 5.83)

all p values <0.001

[Supplementary file 5](#)

**Definitions of 31 physical health conditions assessed.**

<b><u>Condition</u></b>	<b><u>Variable Definition</u></b>
<a href="#">Coronary heart disease</a>	<a href="#">Read code ever recorded</a>
<a href="#">Chronic kidney disease</a>	<a href="#">Read code ever recorded</a>
<a href="#">Asthma (active)</a>	<a href="#">Read code ever recorded AND any prescription in last year</a>
<a href="#">Atrial fibrillation</a>	<a href="#">Read code ever recorded</a>
<a href="#">Epilepsy</a>	<a href="#">Read code ever recorded AND epilepsy prescription in last year</a>
<a href="#">New cancer in the last 5 years</a>	<a href="#">Read code first recorded in last 5 years (Relevant Read Code recorded)</a>
<a href="#">Thyrotoxicosis/Thyroid disorders (includes hypothyroidism)</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Diabetes</a>	<a href="#">Read code ever recorded</a>
<a href="#">Parkinson's disease</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>

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<a href="#">Multiple sclerosis</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Visual impairment</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Glaucoma</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Hearing loss</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Hypertension</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Heart failure</a>	<a href="#">Read code ever recorded</a>
<a href="#">Peripheral vascular diseases</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Chronic sinusitis</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Bronchitis, emphysema &amp; other chronic obstructive pulmonary diseases</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Bronchiectasis</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Crohn's disease &amp; ulcerative colitis</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Diverticular disease of intestine</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Rheumatoid arthritis, other inflammatory polyarthropathies &amp; systematic connective tissue disorders</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Hyperplasia of prostate &amp; prostate disorders</a>	<a href="#">Read code ever recorded (Relevant Read Code recorded)</a>
<a href="#">Psoriasis or eczema</a>	<a href="#">Read code ever recorded (M11% &amp; M12%) AND ≥ 4 prescription in last year (BNF 13.4, excluding hydrocortisone, &amp; BNF 13.5)</a>

<u>Viral Hepatitis</u>	<u>Read code ever recorded (Relevant Read Code recorded)</u>
<u>Irritable bowel syndrome</u>	<u>Read code ever recorded (Relevant Read Code recorded) OR <math>\geq 4</math> antispasmodic prescription in last year (POM only, exclude kolanticon, alverine citrate &amp; peppermint oil)</u>
<u>Cirrhosis/chronic liver disease/alcoholic liver disease</u>	<u>Read code ever recorded (Relevant Read Code recorded)</u>
<u>Migraine</u>	<u><math>\geq 4</math> anti-migraine prescriptions in last year (BNF 040704%, POM only exclude migravele)</u>
<u>Dyspepsia</u>	<u><math>\geq 4</math> prescriptions in last year BNF 0103% excluding antacids AND NOT <math>\geq 4</math> NSAIDS OR <math>\geq 4</math> aspirin/clopidogrel</u>
<u>Constipation</u>	<u><math>\geq 4</math> prescriptions in last year, BNF 0106%</u>
<u>Pain</u>	<u><math>\geq 4</math> specified analgesic prescriptions in last year (opioids/<math>&gt;8</math>mg co-codamol/NSAIDS) OR <math>\geq 4</math> specified anti-epileptics in the absence of an epilepsy Read code in last year (gabapentin, pregabalin and carbamazepine)</u>

Definitions of 8 mental health conditions assessed

<u>Condition</u>	<u>Variable Definition</u>
<u>Anorexia or bulimia</u>	<u>Read code ever recorded</u>
<u>Drugs misuse (Other psychoactive substance misuse)</u>	<u>Read code ever recorded</u>
<u>Anxiety &amp; other neurotic, stress related &amp; somatoform disorders</u>	<u>Read code in last 12 months OR <math>\geq</math> 4 anxiolytic/hypnotic prescriptions in last 12 months OR <math>\geq</math> 4 10/25mg amitriptyline in last 12 months &amp; do not meet the criteria for 'Pain'</u>
<u>Depression</u>	<u>Read code recorded in last 12 months OR <math>\geq</math>4 anti-depressant prescriptions (excluding low dose tricyclics) in last 12 months</u>
<u>Alcohol misuse</u>	<u>Read code ever recorded</u>
<u>Schizophrenia (and related non-organic psychosis) or bipolar disorder</u>	<u>Read code ever recorded/recorded in last 12 months (code dependent) OR Lithium prescribed in last 168 days</u>
<u>Dementia</u>	<u>Read code ever recorded</u>
<u>Learning disability</u>	<u>Read code ever recorded</u>

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