

**Supplemental Table 1: Per-protocol and multiple imputation analyses of excessive gestational weight gain**

	Control	Intervention	Absolute effect size <sup>1</sup> (95% CI)	p value <sup>1</sup>	Adjusted effect size <sup>2</sup> (95% CI)	Adjusted p value <sup>2</sup>
<b>Women with excessive GWG (&gt;IOM)</b>						
Per protocol	421/905 (46.5%)	401/883 (45.4%)	1.02(0.75,1.37)	0.918	0.92(0.65,1.29)	0.628
Multiple imputation			1.03(0.77,1.39)	0.824	0.95(0.68,1.33)	0.754

<sup>1</sup>logistic regression models fit using generalized estimating equations

<sup>2</sup>logistic regression models fit using generalized estimating equations adjusted for pre-pregnancy BMI, age, parity and gestational age at 1<sup>st</sup> visit

GWG, gestational weight gain; IOM, Institute of Medicine