

Supplementary Table 1: PPD incidence in intervention and control groups.

	Control n (%)	Intervention n (%)	Unadjusted OR (95% CI)	<i>p</i>	Adjusted OR (95% CI)*	Adjusted <i>p</i>*
No PPD	728/786 (92.6%)	717/797 (90.0%)	Ref		Ref	
PPD	58/786 (7.4%)	80/797 (10.0%)	1.36 (0.92-2.02)	0.13	1.31 (0.89-1.92)	0.17

Depicted is the odds ratio of having PPD along with the 95% confidence interval from logistic regression analyses fit with generalised estimating equations.

*Adjusted for maternal pre-pregnancy age, pre-pregnancy BMI, parity.

Abbreviations: BMI: body mass index OR: odds ratio; PPD: postpartum depression.