

Additional file 6. Questionnaire Booklet.

STUDY ID: \_ \_ \_ \_

# Questionnaire Booklet

**Impact of risk information in the  
Scottish Bowel Screening Programme**



## Section 1

First, we would like you to think about the information you received about your risk of having bowel cancer.

- Please read the statements below and **tick the box** which best describes how you feel about the information you received.

	Strongly agree	Agree	Slightly agree	Neither agree or disagree	Slightly disagree	Disagree	Strongly disagree
I found the information easy to understand.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I found the information presented distressing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

We are very interested in your views on the information presented. Please make any additional comments below.

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### Section 2

A number of statements which people have used to describe themselves are given below. Read each statement and then **tick the most appropriate box to the right of the statement** to indicate how you feel **right now, at this moment**. There are no right or wrong answers. Do not spend too much time on any one statement but give the answer which seems to describe your present feelings best.

	Not at all	Somewhat	Moderately	Very much
I feel calm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am tense	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel upset	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am relaxed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I feel content	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am worried	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Section 3

We would now like to ask you some questions about your knowledge of bowel cancer and bowel screening.

- Before answering the following questions, have you read the result letter scenario/s and the bowel screening and colonoscopy leaflets? Yes  No

Can people without symptoms have bowel cancer?

Yes  No

How many people out of 10 survive bowel cancer if treated early?

4 out of 10  6 out of 10  9 out of 10

Do you think that all cancers bleed, meaning that bowel screening test will find every cancer?

Yes  No

The bowel preparations required before a colonoscopy will mean you will experience urgency to go to a bathroom and you will need to remain at home.

True  False

How long does a colonoscopy usually take?

5-10 minutes  20-45 minutes  1-2 hours

How many people who have a colonoscopy will experience bowel perforation (tear of the lining of the bowel)?

1 in every 2000  1 in every 500  1 in every 200

Bleeding occurs with approximately one in every 100-200 polyp removals.

True  False

The sedation used during colonoscopy occasionally cause problems with breathing, heart rate and blood pressure?

True  False

#### Section 4

We would now like you to think about how you think you would feel if you were invited to have a colonoscopy.

- First of all, please tick the appropriate box to indicate whether or not you have had a colonoscopy before:

Yes

No

Unsure

- Now, please indicate the extent to which you agree or disagree with the statements below **by ticking the appropriate box.**
- There are no right or wrong answers. We are interested in your personal views.

<b>YOUR BELIEFS ABOUT HAVING A COLONOSCOPY</b>	Strongly disagree	Disagree	Uncertain	Agree	Strongly agree
I would choose to have a colonoscopy because it would reduce my risk of dying from bowel cancer.					
I would choose to not have a colonoscopy because it can be uncomfortable.					
I would choose to have a colonoscopy because the benefits outweigh the risks.					
I would expect a colonoscopy to be very distressing.					
I would expect a colonoscopy to be only mildly uncomfortable.					
I would choose not to have a colonoscopy as I would expect the bowel preparation to be unpleasant.					
I would choose not to have a colonoscopy as I would find it embarrassing.					
I would choose not to have a colonoscopy as it would make me feel anxious.					
Having to stop taking some medications would put me off having a colonoscopy.					

Thank you very much for completing these questionnaires. Your answers are completely confidential. The answers you have given will be very valuable to our research, and will help us understand how people respond to information about their risk of having bowel cancer.

Thank you very much for taking part in our research.

