Package Insert

16 Brewery Street ISANDO, 1600

Tel: +27113986904 Fax: +27113925808 www.dsmnutritionalproducts.com



Study title:

Effects of school based physical activity and multi micronutrient supplementation intervention on growth, health and well-being of schoolchildren in three African countries

Product information – Multi-Vitamin Mineral Supplement tablets for children

Batch number BN: IS2049 / IS2080

Packed: 03/2019 Expiring date: 03/2020

Chewable tablets for oral application.

The multivitamin and mineral tablets are used for clinical trials only.

The multivitamin and mineral tablets are not to be sold or administered to children other than those

involved in the trial.

Trial Registration No.: ISRCTN29534081

Principal investigator, Tanzania: Marceline Finda, Ifakara,

Health Institute (IHI), Ifakara, PO Box 53, Tel: +255 232 625164, Fax: +255 232 625312, Ifinda@ihi.or.tz

Content of the chewable tablets:

Nutrient Average per 1 Tablet1

B-carotene (as BetaTab 20%S) 3.6 mg

Vitamin D 400 IU / 10 mcg

Vitamin E 9 mg TE Vitamin K 30 mcg Vitamin C 60 mg Vitamin B1 1.1 mg Vitamin B2 1.3 mg Vitamin B6 0.5 mg Vitamin B12 1.2 mcg Folic Acid 200 mcg Niacinamide 8 mg Iron (added as Fe-EDTA) 10 mg Zinc (added as Zinc Oxide) 5 mg Selenium (added as Sodium 20 mcg

Selenite Anhydrous)

Iodine (added as Potassium Iodate) 100 mcg Orange Flavor 12 mg Sugar as Sucrose 426.330 mg Sorbitol Q.S.

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Placebo:

SpecificationTarget UoMRiboflavin Powder as SD0.20 mgCocoa Powder2.40 mgSugar as Sucrose426.00 mgSorbitol320.00 mgCitric Acid Anhydrous40.00 mgOrange Flavor10.00 mg

Stability and Storage

In it's original and unopened container, this product may be stored for 12 months from the date of manufacture at a temperature of 25°C (maximum 65% RH). The "Best Before" date is indicated on the label. Keep package tightly closed. Once opened, use the contents quickly.

Safety information

Avoid ingestion and direct contact with eyes by using suitable protective measures. For full safety information and necessary precautions, please refer to the respective Safety Data Sheet (SDS)

Packaging information

Packed and stored in strong containers that are impervious to light and humidity. The containers must be received with an unbroken seal.