Additional Table. Exclusion criteria of participants

|  |  |  |
| --- | --- | --- |
| Groups | Exclusion criteria | Number |
| ILD group |  |  |
|  | - combined with respiratory disease | 30 |
|  | - with serious or unstable conditions and advanced illness, such as cardiovascular, neurological, musculoskeletal diseases and cancer, who needed to be treated as inpatients | 41 |
|  | - with understanding barrier | 9 |
|  | - was not interested in this study or rejected to sign informed consent | 12 |
|  | - with information missing | 5 |
| Healthy control |  |  |
|  | - with cognitive impairment and mobility limitation | 20 |
|  | - was not interested in this study or rejected to sign informed consent | 17 |