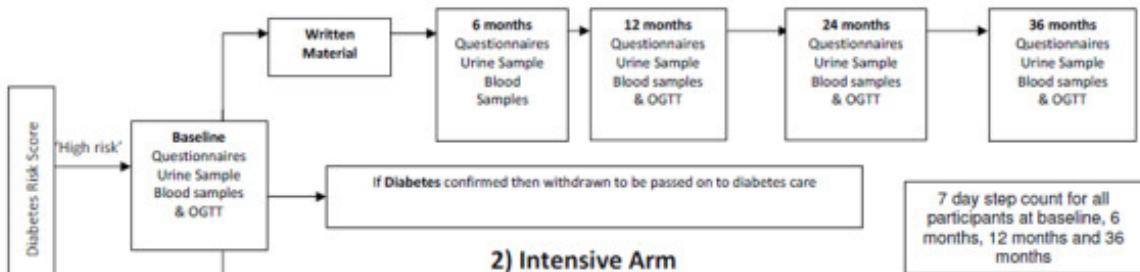
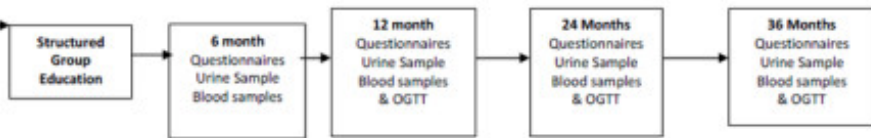


## 1) Control Arm



## 2) Intensive Arm



Continuous Support & Information – Drop-in sessions (One to One & Group); Dedicated Telephone Line; Newsletters; Email & SMS contact; Website