

Excluded papers with reasons (n= 195)

No homeless participants reported (n=79)

[1-78]

Problem drinkers few or none reported (n=29)

[79-107]

No information on blood or urine nutrient levels reported (n=29)

[108-136]

Not an empirical study (reviews/ comments) (n=57)

[137-193]

Deficiency due to TB medicine (n=1)

[194]

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