

**Supplementary Table 1.** Data collection timeline

<b>Study Instrument</b>	<b>Postnatal Data Collection</b>			
	2 weeks	2 months	4 months	6 months
Maternal Sociodemographics Questionnaire <sup>a</sup>	X			
Infant Feeding Questionnaire	X	X	X	X
Food Security Questionnaire <sup>b</sup>				X

<sup>a</sup>Maternal sociodemographics include age, length of time in Canada, education, single parent status, number of children, ethnicity and household income

<sup>b</sup>The 18-item Canadian Community Health Survey Household Food Security Survey Module was used to measure household food insecurity