



	Pre-exercise FMD (%)	Post-exercise FMD (%)	P value*	P value†
Male (N = 35)	7.44 ± 3.41	7.71 ± 4.66	0.622	0.018
Female (N = 39)	10.36 ± 5.26	7.62 ± 3.71	0.002	(F = 5.852)
No exercise (N = 47)	9.34 ± 4.87	6.92 ± 3.13	0.001	0.031
Regular exercise (N = 27)	8.36 ± 4.37	8.95 ± 5.33	0.436	(F = 4.836)