

Menopause-Related Vasomotor Symptoms

- Sleep disturbances
- Mood swings
- Cognitive deficits
- Reduced quality of life
 - Work-related disability
 - Social isolation
 - Embarrassment



Increased Economic Burden



Physician visits

Loss of productivity at home and work



Prescription and OTC medication



Increased energy usage for air conditioning and laundry



Laboratory fees



Hygiene-related personal costs



Follow-up visits/phone calls for medication side effects



Visits to medical specialists and alternative medicine practitioners