

Title and abstract screening

n = 574

Excluded

n = 502

Full text assessment

n = **82**

- from database: 72

- from hand search: 10

Excluded: n = **57**

- not measuring self-efficacy or uncertain if scale measures self-efficacy because of limited reporting n = 26
- translation/cultural adaptation n = 14
- background information n = 4
- only validation n = 4
- application of scale n = 2
- no subscale of self-efficacy n = 2
- summary of other article n = 1
- comment on instrument n = 1
- article not found n = 3

Included: n = **25**

	Papers	Instruments
Arthritis	n = 4	n = 4
Asthma	n = 5	n = 5
COPD	n = 3	n = 3
Diabetes	n = 13	n = 11
Heart failure	n = 0	n = 0