

EMOTIONAL

Pain, fear, worry,
anxiety, stress, crying,
upset, motivation,
determination

Letting go, over
protection,
being safe &
careful

Isolation

Fractures,
Being
different

Additional
support,
opportunities

FUNCTIONAL

Equipment,
adaptation,
independence,
reduced function

IMPACT

Family life, outings,
holidays, siblings,
planning, time off
work, lack of
knowledge