

ASHA workload study

PERCEPTIONS, EXPERIENCES AND ATTITUDES TOWARDS WORKLOAD
SECTION 1: ABOUT GENERIC WORK
<ul style="list-style-type: none">➤ What is your concept of typical day?➤ How do you start your day?➤ What are other activities you do apart from household work?➤ How much time is spent for this work?➤ Do you do any other work apart from the work you mentioned earlier?
SECTION 2: ABOUT ASHA WORK
<ul style="list-style-type: none">➤ What is your concept of typical day as an ASHA worker?➤ What are the health activities you do as an ASHA worker?➤ Which are the health activities you perform daily?➤ Which are the health activities you perform weekly?➤ Which are the health activities you perform monthly?➤ Generally how many hours daily are spent in the work area?➤ Generally how many days in a month are spent at work area (or field)?➤ What is your opinion about time spent in the work area for actual health activities assigned to you?➤ What is your opinion about travel for this work?➤ What is your opinion about other activities involved in this work? e.g. report preparation
SECTION 3: Perceived burden of the work
<ul style="list-style-type: none">➤ What is your opinion about current work assigned to you?➤ Do you face any difficulties while doing ASHA work?➤ Do you feel that you have sufficient time to manage all the activities?➤ What is your opinion about interpersonal relationship(with community, ANMs, medical officers etc.)?➤ What is your opinion about monetary compensation about ASHA work?➤ In comparison with other ASHA workers are there any differences in the setting at work area which have influence on the ASHA work?➤ Have you ever felt that you could not complete any task? If so, what were the reasons?➤ Have you ever felt that you are overburdened with the work? If so, what were the reasons?
SECTION 4: How much more workload can be given?
<ul style="list-style-type: none">➤ What is your opinion if new health activity is added to your current work? Do you think that new activity will add burden to your current work?➤ Will you be able to manage new health activity (in terms of time and travel) along with your current work?➤ Can you tell us some of the factors which would help you in performing new activity?➤ How will you manage ASHA work along with your household work?➤ How do you see yourself in comparison with other individuals in your surroundings in terms of work load?➤ How do you see yourself in comparison with other individuals in your surroundings in terms of time?

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- How do you see yourself in comparison with other individuals in your surroundings in terms of **travel**?
- How do you see yourself in comparison with other individuals in your surroundings in terms of **monetary compensation/financial benefit**?

SECTION 5: About smokeless tobacco cessation

- Have you any experience of providing brief advice for smokeless tobacco cessation?
- If yes, were there any challenges in doing this? Please tell about those?
- What training would you need to deliver smokeless tobacco cessation advice?