

ASHA workload study

For Medical officers, ANMs and ASHA supervisors
SECTION 1: Perceptions, experiences and attitudes towards workload
GENERAL <ul style="list-style-type: none">➤ What are the health activities are carried out by ASHAs?➤ Which are the health activities that need to be done on daily basis?➤ Which are the health activities that need to be done on weekly basis?➤ Which are the health activities that need to be done on monthly basis?➤ As per your opinion on average how many hours per day are spent for this work?
TIME <ul style="list-style-type: none">➤ Generally how many days in a month are spent at work area (or field) by ASHAs?➤ Generally how many hours daily are spent in the work area by ASHAs?➤ Generally how many hours weekly are spent in the work area by ASHAs?➤ Generally how many hours monthly are spent in the work area by ASHAs?➤ Generally how many days in a month are spent at sub centre by ASHAs?➤ Generally how many days in a month are spent at PHC by ASHAs?
TRAVEL <ul style="list-style-type: none">➤ How frequently they need to travel to the work area?➤ How frequently they need to travel to the sub centre?➤ How frequently they need to travel to the PHC?➤ Generally how many days in a month they have to travel as a part of ASHA work?
OTHER <ul style="list-style-type: none">➤ How frequently ASHAs have to attend meetings?➤ How frequently ASHAs have to attend trainings?➤ How frequently ASHAs have the documentation work (e.g. report preparation)?➤ What is your opinion about ASHAs visits for follow up of with the beneficiaries/ Revisit to the beneficiaries?
MONETARY COMPENSATION <ul style="list-style-type: none">➤ What is your opinion about compensation for ASHA work?➤ Is there relation between an attention paid towards health activity and provided compensation?➤ Did you ever feel that there is controversy in the work and provided compensation?
SECTION 2: ABOUT CURRENT WORKLOAD <ul style="list-style-type: none">➤ What is your opinion about time spent in the work area for actual health activities by ASHAs?➤ What is your opinion about travel for this work?➤ What is your opinion about other activities involved in this work?(e.g. report preparation)?

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SECTION 3: Perceived burden of the work

- What is your opinion about current workload of ASHAs?
- Do you feel that they have sufficient time to manage all the activities?
- Can you tell some of the reasons where ASHAs could not complete any task?
- What is your opinion about interpersonal relationship (with community, ANMs, medical officers etc.) and burden of the work?
- Do you see any difference in the work due to differences in area situation (or work setting)?

SECTION 4: How much more workload can be given?

- What is your opinion if new health activity is added to their current work?
- Will they be able to manage new health activity (in terms of time and travel) along with your current work?
- Can you tell us some of the factors which would help them in performing new activity?